

### **Children are People (CAP)**

CAP is a program for children of alcoholics or substance abusing parents/caregivers. CAP is a psycho-educational, problem-solving program designed to address, in a small group setting, the problems of children in third through fifth grades who are exposed to family substance abuse. The program consists of 8-10 sessions. Each weekly session includes opening and closing exercises and a topic for learning/discussion that addresses a specific psychosocial concern children may encounter. The program provides training and supervision to staff and qualified volunteers at up to ten different sites within the county. The program curriculum is available from Substance Abuse Mental Health Services Administration (SAMHSA).

#### Contact Information

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