

# MHSA

#### Representative Stakeholder Steering Committee



Behavioral Health & Recovery Services

Mental Health Services Act

Annual Update FY 2014-15

Three Year Program and Expenditure Plan

March 17, 2014

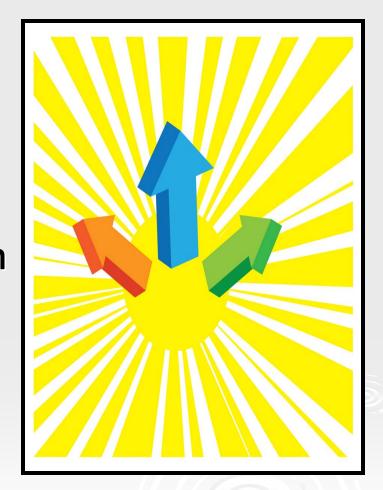
# MHSA Representative Stakeholder Steering Committee

# Welcome and Introductions

#### Why Are We Here?

Share outcomes/highlights from MHSA funded programs for FY 2012-2013

Gather input on the direction direction of mental health services in Stanislaus County for the next three years.



# MHSA Representative Stakeholder Steering Committee

"He who has health, has hope. And he who has hope, has everything."

- Proverb



# MHSA Representative Stakeholder Steering Committee

#### BHRS Mission

In partnership with our community, our mission is to provide and manage effective prevention and behavioral health services that promote our community's capacity to achieve wellness, resilience, and recovery outcomes

#### MHSA Values

- Community collaboration
- Cultural competence
- Client/family driven mental health system
- Wellness, recovery, and resiliency focus
- Integrated service experiences for clients and family

#### BHRS Commitments to Long Term Change



- Community Capacity Building
- Leadership Development
- Financial Sustainability
- Results Based Accountability Framework

#### **Key Impacts for the Future**

- State Budget
- Affordable Care Act
- Funding Priorities
- 3 Year Program and Expenditure Plan



# **Context for MHSA Funding**

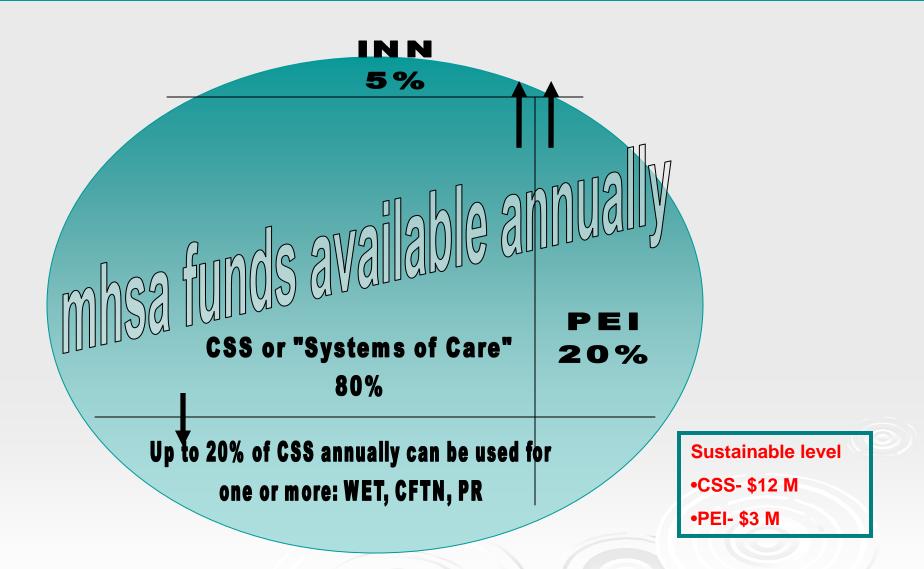


- MHSA funds may only be used for approved plans
- Stakeholder input and local planning processes are necessary



Supplantation of existing state or county funds with MHSA funds is not allowed

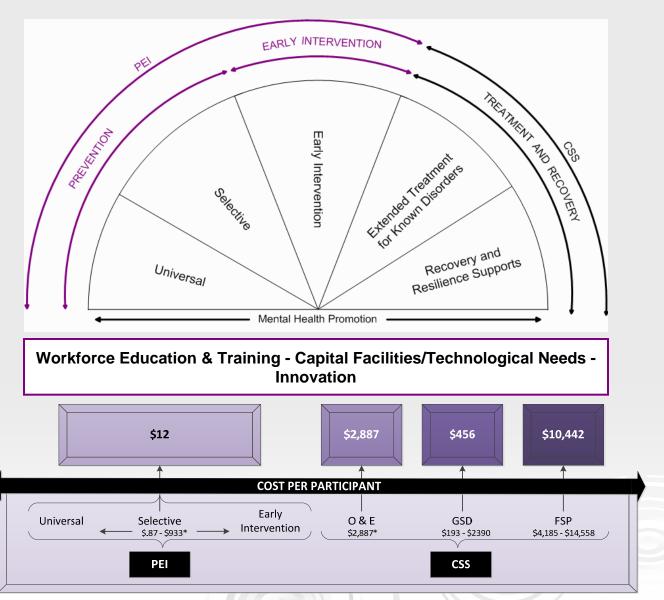
#### MHSA Funding 101



# CSS, PEI & INN Funding

|                                   |                     | FY 08/09 - FY 12/13 Actuals |              |              | FY 13/14 - FY 16/17 Estimates |              |              |              |              |
|-----------------------------------|---------------------|-----------------------------|--------------|--------------|-------------------------------|--------------|--------------|--------------|--------------|
|                                   | FY08/09             | FY09/10                     | FY10/11      | FY11/12      | FY12/13                       | FY13/14      | FY14/15      | FY15/16      | FY16/17      |
| css                               | \$ 8,502,900        | \$11,684,900                | \$10,173,700 | \$ 9,620,600 | \$13,041,401                  | \$12,087,801 | \$12,300,000 | \$12,300,000 | \$12,300,000 |
| One time augment                  |                     |                             |              |              | \$2,532,662                   |              |              |              |              |
| PEI                               | \$ 2,965,600        | \$ 4,209,100                | \$ 2,784,300 | \$ 2,396,200 | \$ 3,260,350                  | \$ 3,021,950 | \$3,100,000  | \$3,100,000  | \$3,100,000  |
| One time augment                  |                     |                             |              |              | \$ 633,166                    |              |              |              |              |
| INN                               | \$ 914,400          | \$ 914,400                  | \$ 1,540,900 | \$ 627,800   | \$ 857,987                    | \$ 795,250   | \$810,000    | \$810,000    | \$810,000    |
| One time augment                  |                     |                             |              |              | \$ 166,622                    |              |              |              |              |
| Total Funds                       | \$ 12,382,900       | \$16,808,400                | \$14,498,900 | \$12,644,600 | \$17,159,738                  | \$15,905,001 | \$16,210,000 | \$16,210,000 | \$16,210,000 |
| Total one time augment fund       |                     |                             |              |              | \$ 3,332,450                  |              |              |              |              |
| Total Funds with one time augment | <b>*</b> 12,382,900 | \$16,808,400                | \$14,498,900 | \$12,644,600 | \$20,492,188                  | \$15,905,001 | \$16,210,000 | \$16,210,000 | \$16,210,000 |

## Mental Health Spectrum of Services Diagram





"Transformation in the world happens when people are healed and start investing in other people."

Michael W. Smith, Musician



#### **Context for Our Work**



#### **Examples of Program Results Shown in RBA Framework**

| <ul><li># of unduplicated clients were served in FY12-13</li><li># of classes/groups held</li></ul>  | How<br>Much?                   |
|--|--------------------------------|
| <ul> <li>Average length of treatment</li> <li>Customer satisfaction data</li> <li>Data addressing hard to reach populations served</li> </ul>  | How<br>Well?                   |
| <ul> <li>Changes in participant skills/knowledge</li> <li>Changes in participant attitude/opinion</li> <li>Changes in participant behavior</li> <li>Changes in participant circumstance</li> </ul> | Is<br>Anyone<br>Better<br>Off? |

#### MHSA Annual Update

- Community Services & Supports (CSS) "Systems of Care"
  - > FY 12-13 9 Programs

#### **Full Service Partnerships**

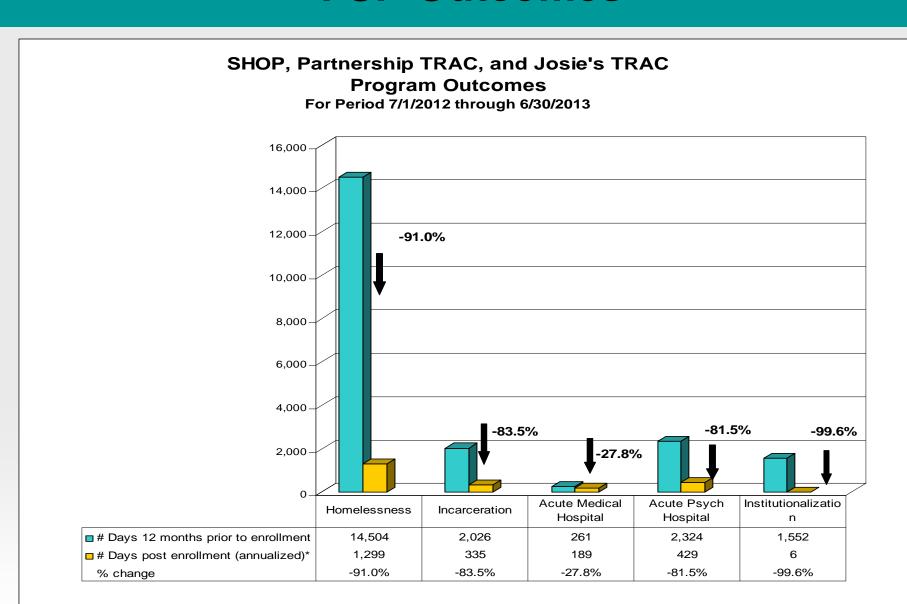
- ☐ Stanislaus Homeless Outreach Program (SHOP)
- ☐ Juvenile Justice
- ☐ Integrated Forensic Team
- ☐ High Risk Health and Senior Access

#### **General System Development**

- ☐ Josie's Place Transitional Age Young Adult Drop In Center
- ☐ Community Emergency Response Team/Warm Line
- ☐ Families Together at the Family Partnership Center
- ☐ Consumer Empowerment Center

#### **Outreach and Engagement**

☐ Garden Gate Respite

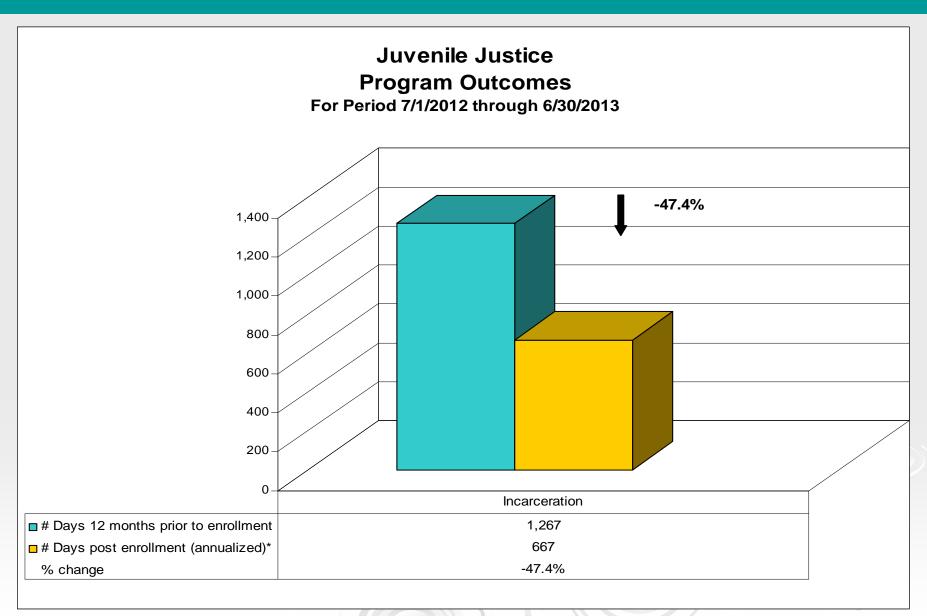




| SHOP, Partnership TRAC, and Josie's TRAC   |               |                      |  |  |
|--|---------------|----------------------|--|--|
|  | Incarceration | Acute Psych Hospital |  |  |
| Difference between # of<br>days prior to enrollment and<br># of days post enrollment<br>(annualized) | 1,691         | 1,895                |  |  |
| Average daily rate   | \$101.57      | \$921                |  |  |

Based only on current ('12-'13) average daily costs and annualized outcome data:

- ➤ Number of incarceration days avoided was <u>1,691</u>, for a total estimated cost of \$<u>171,755</u>
- Number of hospital days avoided was <u>1,895</u>, for a total estimated cost of \$<u>1,745,295</u>





| Juvenile Justice  |               |  |  |
|---|---------------|--|--|
|   | Incarceration |  |  |
| Difference between # of days prior to enrollment and # of days post enrollment (annualized) | 600           |  |  |
| Average daily rate  | \$101.57      |  |  |

Based only on current ('12-'13) average daily costs and annualized outcome data:

➤ Number of incarceration days avoided was <u>600</u>, for a total estimated cost of \$60,942

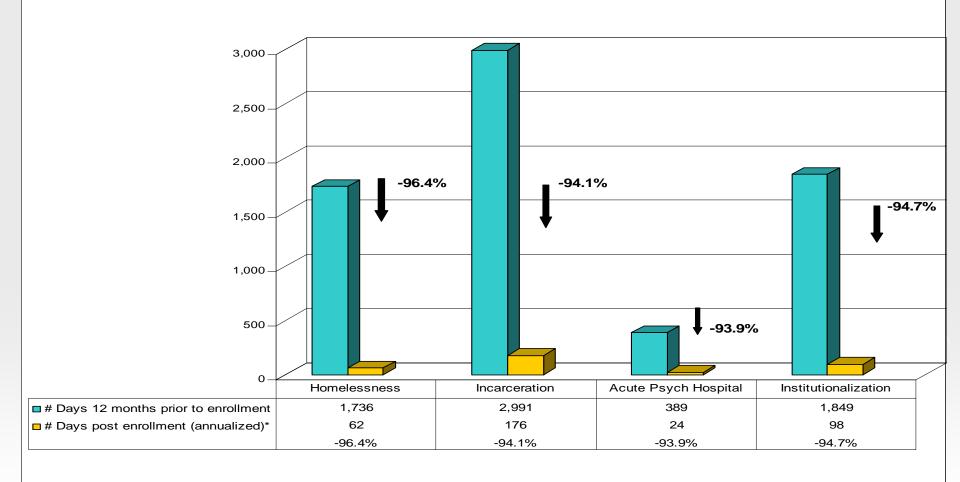
> Juvenile Justice

- More clinical intervention
- Quicker assessments
- Youth are more stable





For Period 7/1/2012 through 6/30/2013

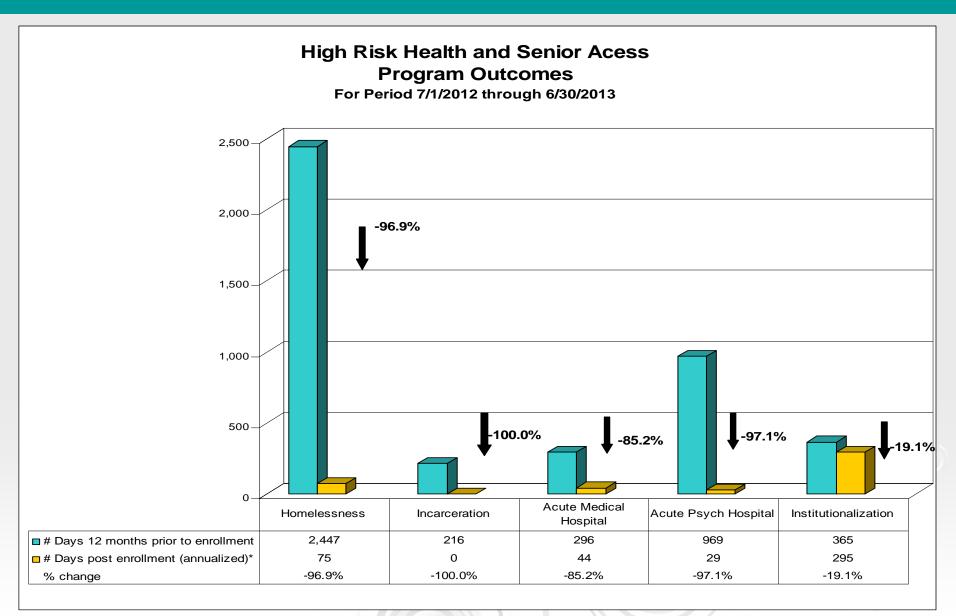




| Integrated Forensic Team   |               |                      |  |  |
|--|---------------|----------------------|--|--|
|  | Incarceration | Acute Psych Hospital |  |  |
| Difference between # of days prior to enrollment and # of days post enrollment | 2,815         | 365                  |  |  |
| Average Daily Rate   | \$101.57      | \$921                |  |  |

Based only on current ('12-'13) average daily costs and annualized outcome data:

- ➤ The number of incarceration days avoided was **2,815**, for a total estimated cost of \$285,920
- Number of hospital days avoided was <u>365</u>, for a total estimated cost of \$336,165

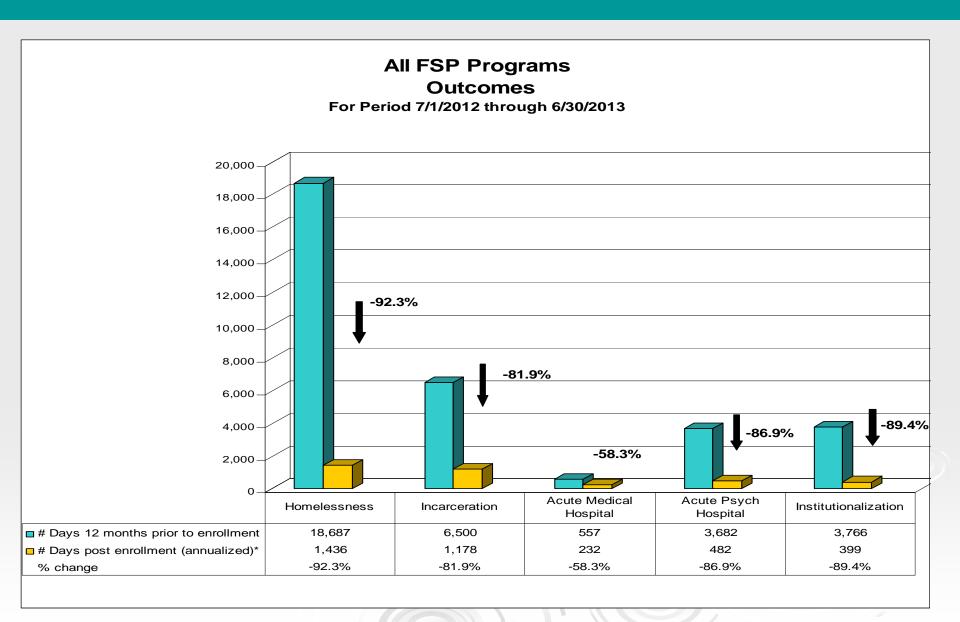




| High Risk Health and Senior Access   |               |                      |  |  |  |
|--|---------------|----------------------|--|--|--|
|  | Incarceration | Acute Psych Hospital |  |  |  |
| Difference between # of days prior to enrollment and # of days post enrollment | 216           | 940                  |  |  |  |
| Average Daily Rate   | \$101.57      | \$921                |  |  |  |

Based only on current ('12-'13) average daily costs and annualized outcome data:

- ➤ The number of incarceration days avoided was **216**, for a total estimated cost of \$**21,939**
- Number of hospital days avoided was <u>940</u>, for a total estimated cost of \$865,740





| All FSP Programs   |               |                      |  |  |
|--|---------------|----------------------|--|--|
|  | Incarceration | Acute Psych Hospital |  |  |
| Difference between # of days prior to enrollment and # of days post enrollment | 5,322         | 3,200                |  |  |
| Average Daily Rate   | \$101.57      | \$921                |  |  |

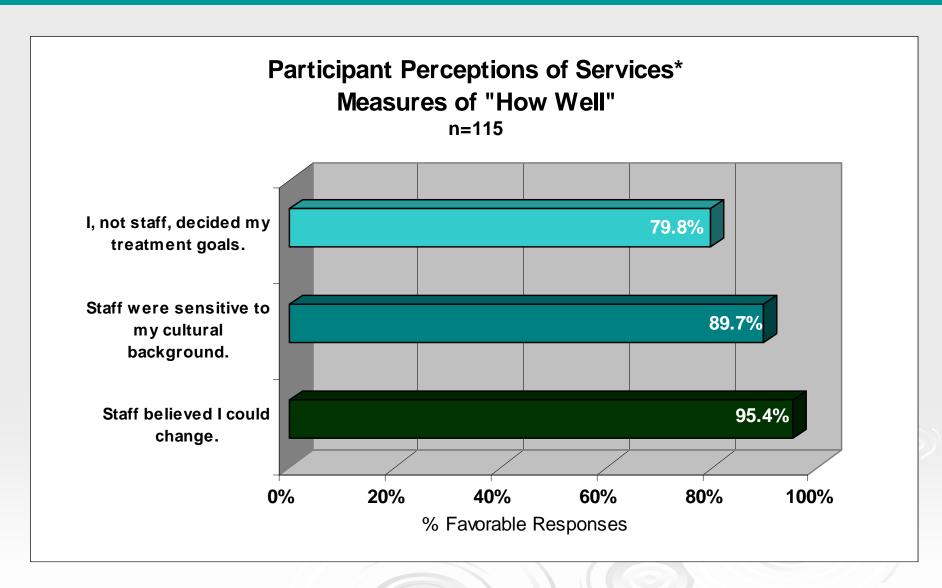
Based only on current ('12-'13) average daily costs and annualized outcome data:

- ➤ The number of incarceration days avoided was <u>5,322</u>, for a total estimated cost of \$<u>540,556</u>
- ➤ Number of hospital days avoided was <u>3,200</u>, for a total estimated cost of \$<u>2,947,200</u>

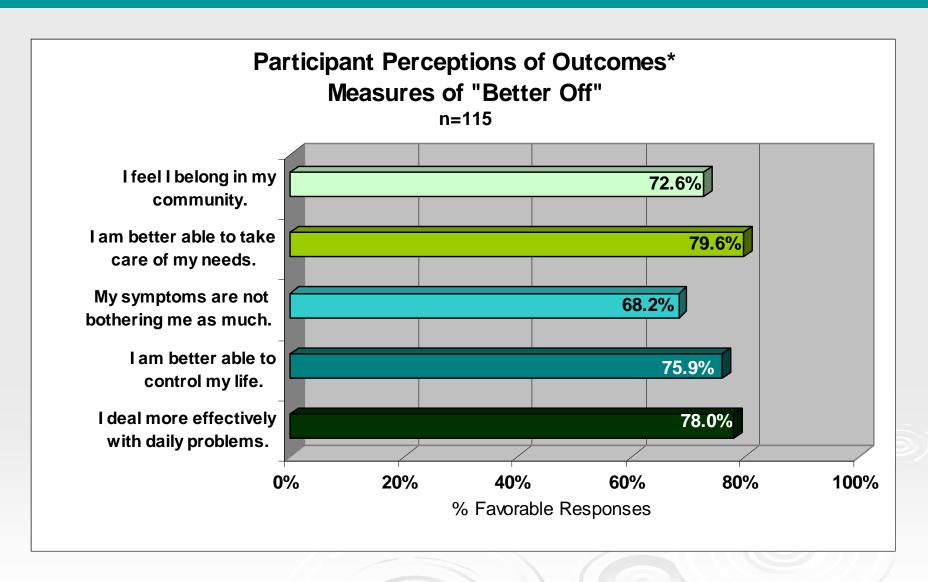
#### FSP Discharge Team (Transition TRAC Team)

- > Funded in February 2013
- The following data reflects the first ten months:
  - 374 individuals seen in community at least once following discharge
    - 198 had successful linkages = 53%
  - Out of 596 crisis contacts, 305 (51%) avoided hospitalization
  - 946 individuals hospitalized, but not open to treatment were contacted

#### GSD and O&E Outcomes



#### GSD and O&E Outcomes



#### MHSA Annual Update



#### Workforce Education & Training (WE&T)

- > FY 12-13
  - 6 Programs
  - Outreach and Career Academy
  - □Consumer Family Member Training and Support
  - ☐ Targeted Financial Incentives to Increase Workforce Diversity
  - Expanded Internship and Supervision
  - ■Workforce Development
  - Consumer and Family Member Volunteerism

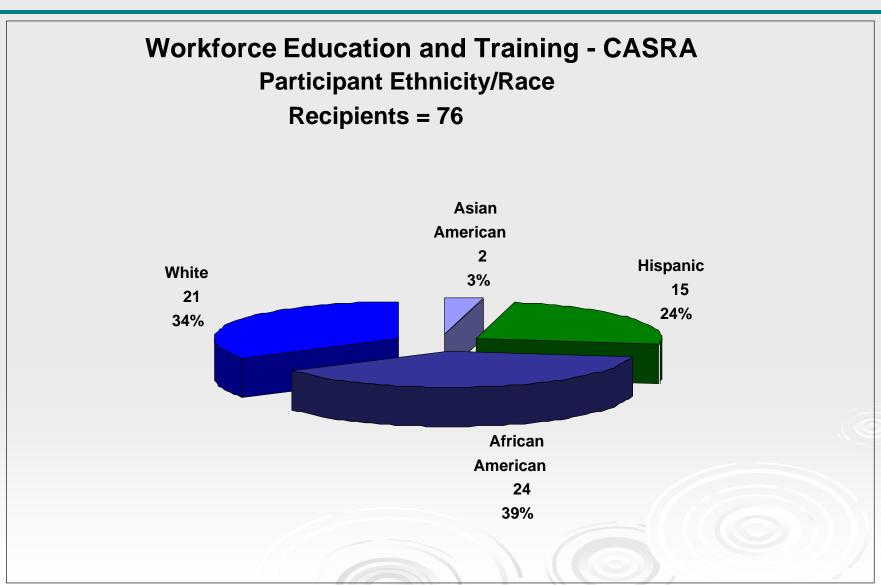
#### MHSA Annual Update



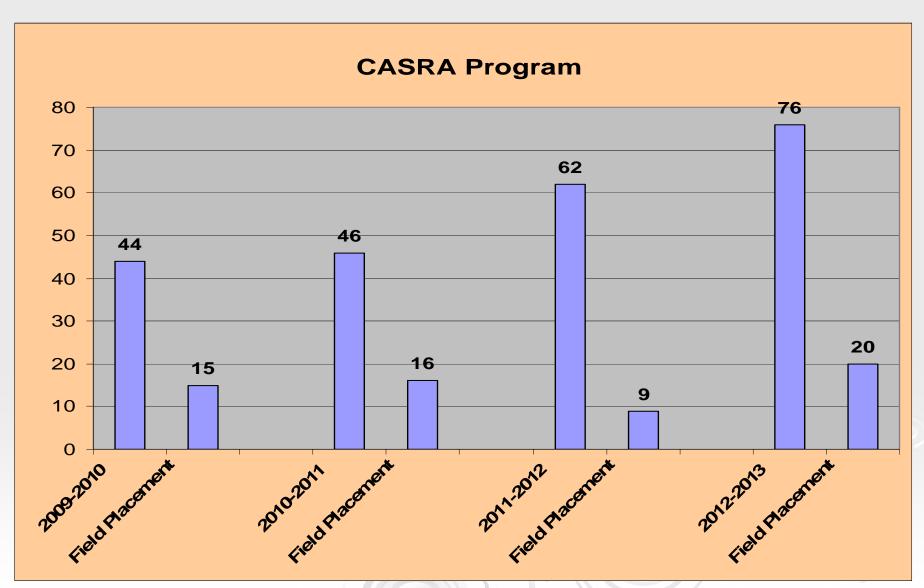
#### Workforce Education & Training (WE&T)

- 57 trainings/1,793 BHRS and contractor staff/community members attended
- 12 Master's level MS/MSW students placed in clinical supervision internships, increase of 2 students from FY 11-12
- 5 stipends awarded/2 MSW and 3 MS stipends each to CSU, Stanislaus graduate students
- > 74 volunteers/9,908.25 total volunteer hours/total dollar value at \$21.79 an hour equals \$215,900.76

#### **WE&T Outcomes**



#### **WE&T Outcomes**



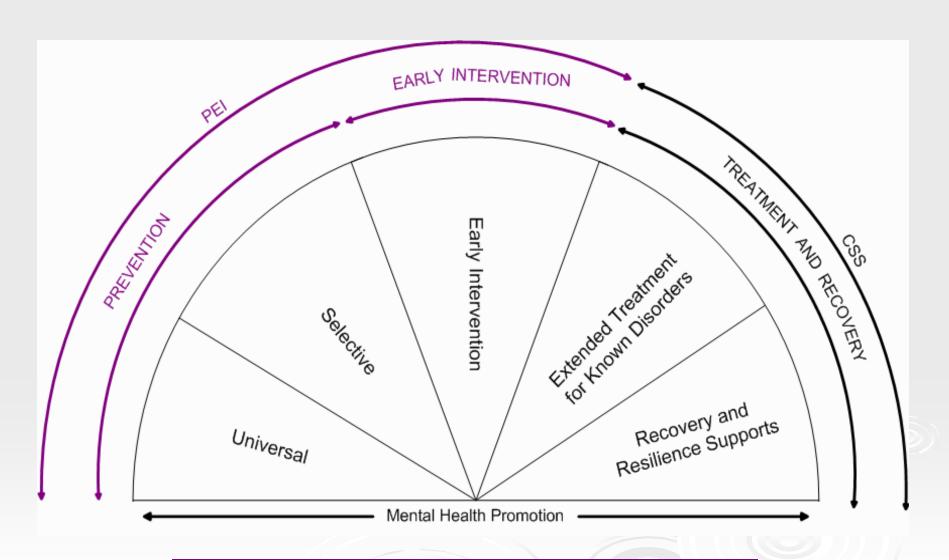
#### MHSA Annual Update



#### Prevention and Early Intervention (PEI)

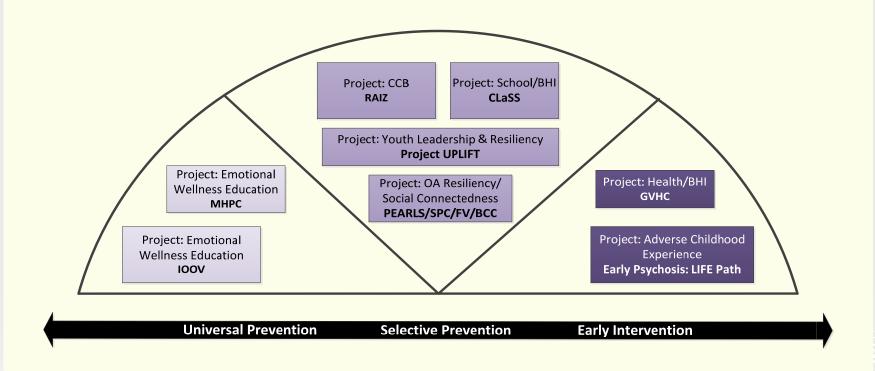
- 8 Projects and 18 Programs in FY12-13
  - Community Capacity Building
  - Emotional Wellness Behavioral Health Education/Community Support Department
  - Childhood Adverse Experience Intervention
  - Child and Youth Resiliency and Development
  - ☐ Adult Resiliency and Social Connectedness
  - ☐ Older Adult Resiliency and Social Connectedness
  - ☐ Health-Behavioral Health Integration
  - ☐ School-Behavioral Health Integration

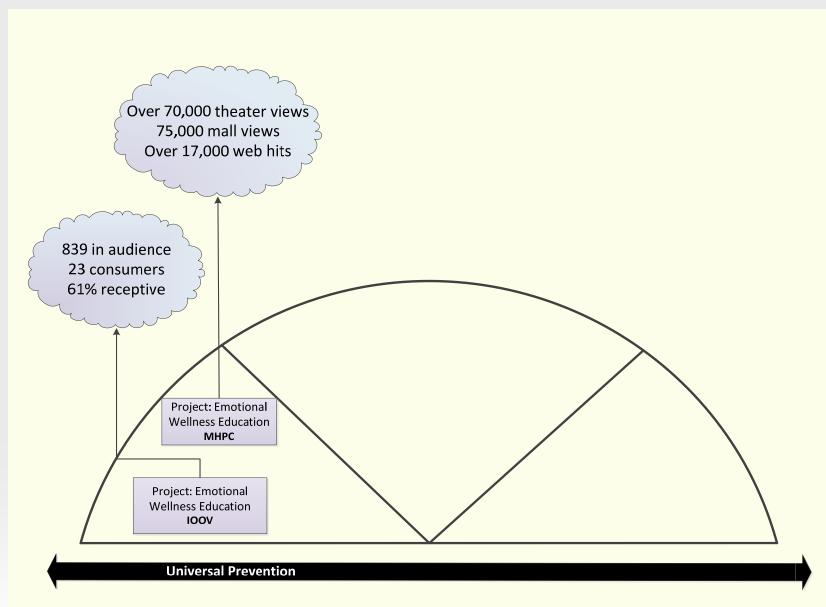
#### Mental Health Spectrum of Services Diagram



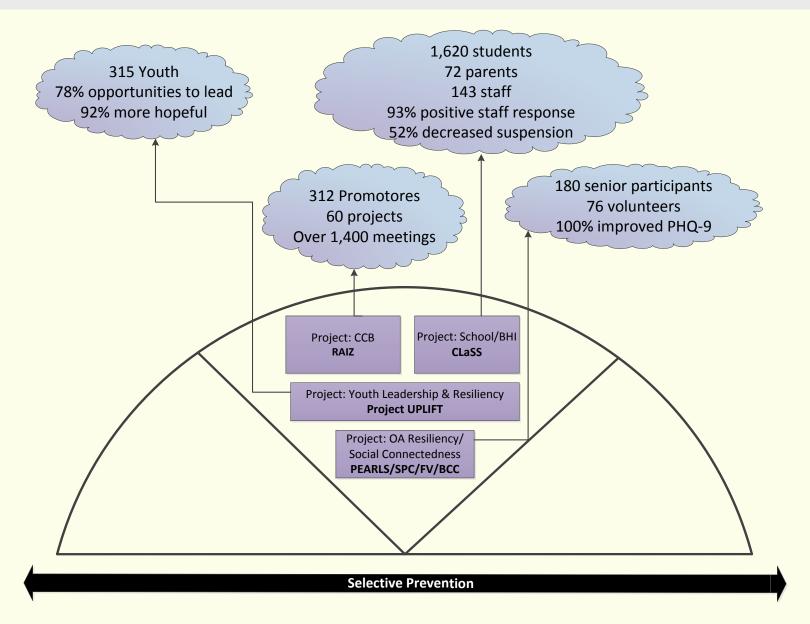
Workforce Education & Training - Capital Facilities/Technological Needs - Innovation

#### **Prevention & Early Intervention**

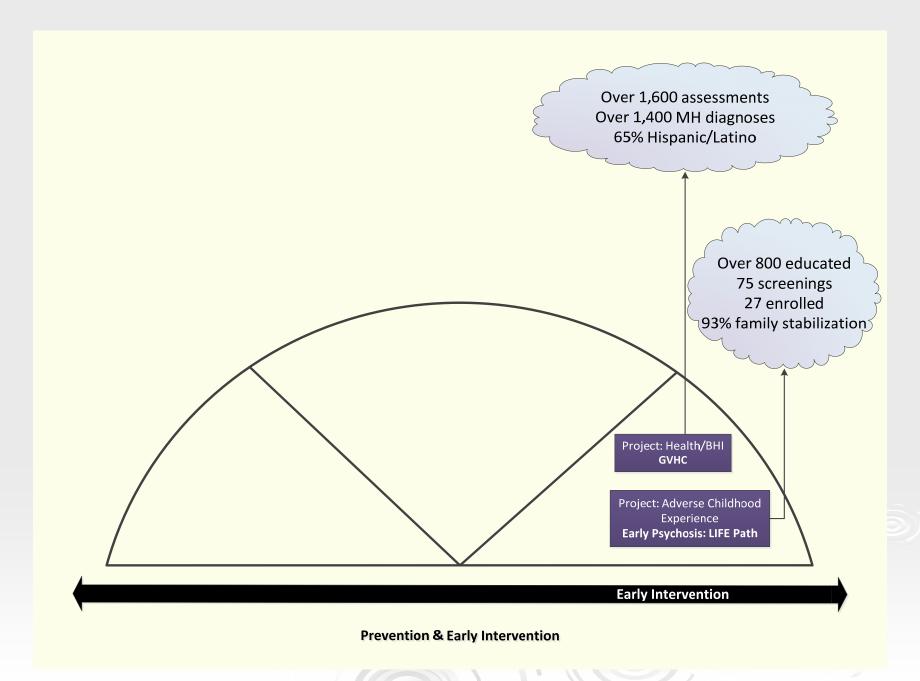


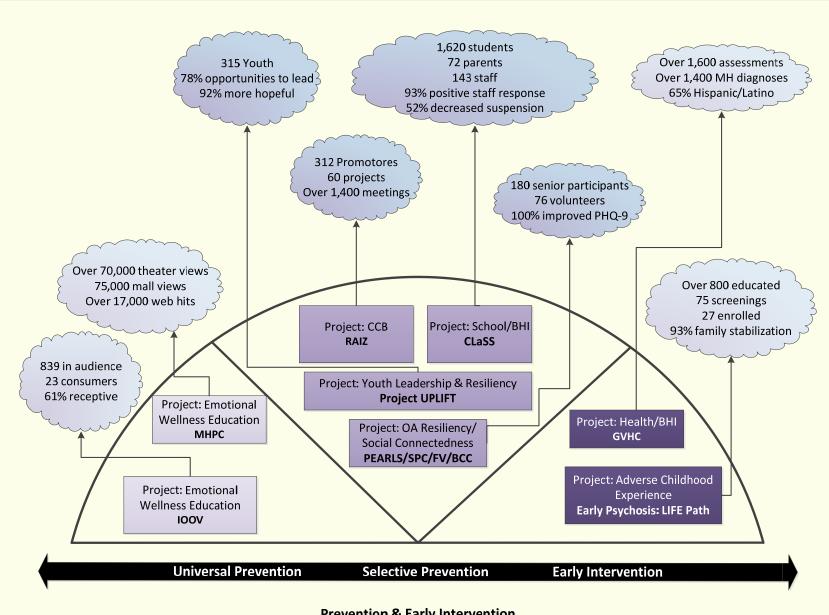


**Prevention & Early Intervention** 



**Prevention & Early Intervention** 

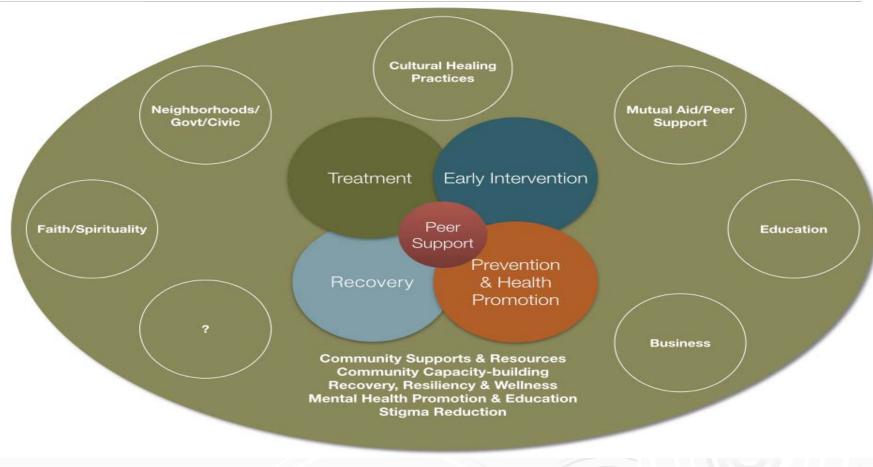








#### Mental "Health" System





# Capital Facilities/Technological Needs FY 12-13

- > 4 Projects
- ☐ Electronic Health Record
  - √ Implemented Treatment Plans
  - ✓ Purchased signature pads and laptop computers
- □ Consumer Family Access to Computing Resources
  - ✓ Deployed 24 PCs and 10 Printers at 13 community sites
- □ Electronic Data Warehouse
  - ✓ Implemented pulls data from HER daily and produced automated reports
- Electronic Document Imaging
  - √ High Volume scanners purchased



# Capital Facilities/Technological Needs FY 12-13

- > 4 Projects Next Steps
- ☐ Electronic Health Record
  - √ Completed Doctor's Home Page
  - √ Assessment implementation
- □ Consumer Family Access to Computing Resources
  - √ Hiring new technicians
- □ Electronic Data Warehouse
  - ✓ Dashboards being developed
- Electronic Document Imaging
  - ✓ Attaching documents (Face sheets, labs, etc.) to electronic chart



# Capital Facilities/Technological Needs

- Outcomes
- How much? 288 BHRS and contractor staff trained in treatment plans by SuperUsers
- How well? 79% of those trained agreed that SuperUsers communicated the material well
- Better Off ?\* 64% of those trained "agreed" or "strongly agreed that they felt confident in their ability to create treatment plans in the EHR

<sup>\*</sup>Source: Electronic survey delivered immediately after training

#### **MHSA Innovation**



#### **On-going Projects**

- Beth & Joanna/Friends in Recovery
- Families in the Park
- Arts for Freedom
- Wisdom Transformation Initiative
- Garden Gate Innovative Respite

#### FY 13/14 Sunset Projects

- Building Support Systems for Troubled Children
- Choosing Civility
- Revolution
- Connecting Youth Receiving Support Services to Community-based Supports
- Promoting Community Wellness in Nature and Neighborhood Driven Therapies
- Integration Innovations



#### **Innovation**

> Highlights (Community Partners)

# 3-Year Plan/Funding Projections

- Statewide Prevention and Early Intervention (PEI) Initiatives
- Workforce Education and Training (WE&T)
- Technological Needs
- Community Services and Supports (CSS)
- > PEI
- Innovation

#### **Roundtable Discussions**



- What did you hear?
- What connections do you see?
- What questions do you have?

# **Next Steps**

> 2<sup>nd</sup> Representative Stakeholder Steering Committee meeting:

Tuesday, April 1, 2014
Memorial Health Education & Conference Center
5:30 – 8:30 pm.

Provide input/reflections on what you heard at this meeting



# **Next Steps**



#### Community Input on Annual Update

- 30 day public review and comment periodApril 23 May 22, 2014
- Informational outreach meeting(s)-TBD
- Mental Health Board public hearing on
   May 22, 2014 @ 5 pm, BHRS Redwood Room
- Board of Supervisors Meeting
   – Adoption of Plan
   June 17, 2014/Plan to MHSOAC within 30 days

# **Next Steps**

Feedback Form about Tonight's Meeting

Final Reflections/Questions



www.stanislausmhsa.com





# Thank you for your partnership!