



**Stanislaus County
Behavioral Health and Recovery Services**

**Mental Health Services Act
Plan Update FY 2016-17**

Prevention and Early Intervention (PEI)

July 2016



WELLNESS • RECOVERY • RESILIENCE

DRAFT

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COUNTY CERTIFICATION

County: Stanislaus

County Mental Health Director	Project Lead
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I hereby certify that I am the official responsible for the administration of county mental health services in and for said county and that the county has complied with all pertinent regulations, laws and statutes for this Annual Update/Plan Update. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code section 5891 and Title 9 of the California Code of Regulations section 3410, Non-Supplant.

This Plan Update has been developed with the participation of stakeholders, in accordance with Title 9 of the California Code of Regulations section 3300, Community Planning Process. The draft FY 2015-2016 Plan Update was circulated to representatives of stakeholder interests and any interested party for 30 days for public review and comment. All input has been considered with adjustments made, as appropriate.

A.B. 100 (Committee on Budget – 2011) significantly amended the Mental Health Services Act to streamline the approval processes of programs developed. Among other changes, A.B. 100 deleted the requirement that the Three-Year plan and updates be approved by the Department of Mental Health after review and comment by the Mental Health Services Oversight and Accountability Commission. In light of this change, the goal of this update is to provide stakeholders with meaningful information about the status of local programs and expenditures.

A.B. 1467 (Committee on Budget – 2012) significantly amended the Mental Health Services Act which requires three-year plans and annual updates to be adopted by the County Board of Supervisors; requires the Board of Supervisors to authorize the Behavioral Health Director to submit the Annual Plan Update to the Mental Health Services Oversight and Accountability Commission (MHSOAC); and requires the Board of Supervisors to authorize the Auditor-Controller to certify that the county has complied with any fiscal accountability requirements and that all expenditures are consistent with the requirements of the Mental Health Services Act.

The information provided for each work plan is true and correct.

All documents in the attached Plan Update FY 2016-17 are true and correct.

Madelyn Schlaepfer, PhD

Mental Health Director/Designee (PRINT)

Signature Date

MHSA COUNTY FISCAL ACCOUNTABILITY CERTIFICATION¹

County/City: _____

- Three-Year Program and Expenditure Plan
- Annual Update
- Annual Revenue and Expenditure Report

Local Mental Health Director Name: Telephone Number: E-mail:	County Auditor-Controller / City Financial Officer Name: Telephone Number: E-mail:
Local Mental Health Mailing Address:	

I hereby certify that the Three-Year Program and Expenditure Plan, Annual Update or Annual Revenue and Expenditure Report is true and correct and that the County has complied with all fiscal accountability requirements as required by law or as directed by the State Department of Health Care Services and the Mental Health Services Oversight and Accountability Commission, and that all expenditures are consistent with the requirements of the Mental Health Services Act (MHSA), including Welfare and Institutions Code (WIC) sections 5813.5, 5830, 5840, 5847, 5891, and 5892; and Title 9 of the California Code of Regulations sections 3400 and 3410. I further certify that all expenditures are consistent with an approved plan or update and that MHSA funds will only be used for programs specified in the Mental Health Services Act. Other than funds placed in a reserve in accordance with an approved plan, any funds allocated to a county which are not spent for their authorized purpose within the time period specified in WIC section 5892(h), shall revert to the state to be deposited into the fund and available for counties in future years.

I declare under penalty of perjury under the laws of this state that the foregoing and the attached update/revenue and expenditure report is true and correct to the best of my knowledge.

Local Mental Health Director (PRINT)

Signature Date

I hereby certify that for the fiscal year ended June 30, _____, the County/City has maintained an interest-bearing local Mental Health Services (MHS) Fund (WIC 5892(f)); and that the County's/City's financial statements are audited annually by an independent auditor and the most recent audit report is dated _____ for the fiscal year ended June 30, _____. I further certify that for the fiscal year ended June 30, _____, the State MHSA distributions were recorded as revenues in the local MHS Fund; that County/City MHSA expenditures and transfers out were appropriated by the Board of Supervisors and recorded in compliance with such appropriations; and that the County/City has complied with WIC section 5891(a), in that local MHS funds may not be loaned to a county general fund or any other county fund.

I declare under penalty of perjury under the laws of this state that the foregoing, and if there is a revenue and expenditure report attached, is true and correct to the best of my knowledge.

County Auditor Controller / City Financial Officer (PRINT)

Signature Date

¹ Welfare and Institutions Code Sections 5847(b)(9) and 5899(a)
Three-Year Program and Expenditure Plan, Annual Update, and RER Certification (07/22/2013)

Message from the Director



Behavioral Health and Recovery Services (BHRS) is pleased to share this Mental Health Services Act (MHSA) Plan Update as we continue our mission to transform mental health services in Stanislaus County. This document serves as a follow up to the Annual Update FY 2016-17 that is scheduled to the Stanislaus County Board of Supervisors on June 28, 2016. Upon its adoption, it will be forwarded to the Mental Health Services Oversight & Accountability Commission within thirty days.

This Update includes a proposal approved by the Stanislaus County Representative Stakeholder Steering Committee to fund the Central Valley Suicide Prevention Hotline under the Prevention and Early Intervention component of MHSA.

With vital input from community stakeholders and an emphasis on client driven and family focused services, this MHSA Plan Update is a second blueprint of our recovery driven work to help transform the lives of those living with mental illness in Stanislaus County.

Sincerely,

Madelyn Schlaepfer, PhD

COMMUNITY PLANNING AND LOCAL REVIEW PROCESS

Who Participated?

Stanislaus County Behavioral Health and Recovery Services (BHRS) conducted community program planning and local review processes for this Plan Update. As in the past, BHRS continues to engage stakeholder input for the purpose of creating transparency, facilitating an understanding of progress and accomplishments, and promoting a dialogue about present and future opportunities.

While all community members are welcome to participate in MHSA planning processes, there is a Representative Stakeholder Steering Committee (RSSC) charged with providing important input about funding priorities. BHRS was very pleased to have a significant number of consumers, both youth and adult, attend the meetings this year.

Developing a Plan Update

Preparations to develop a Plan Update began following the end of the 30-day review and public comment period for the MHSA Annual Update 2016-17. The request to move CalMHSA funds to the Central Valley Crisis and Suicide Prevention Hotline as Prevention and Early Intervention (PEI) project came after that time so it was not included in the Annual Update.

A special meeting was convened on June 3, 2016 for stakeholders to consider a request from Behavioral Health and Recovery Services (BHRS) to make a program funding change to help support the county's Suicide Prevention Innovation project.

The planning process for this Plan Update was discussed at BHRS Senior Leadership Team meetings but the ultimate endorsement of the proposed plan resided with the RSSC. During the June 3 meeting, stakeholders were presented with the PEI plan and a Gradients of Agreement¹ approach was used to determine whether or not there was sufficient agreement for them to move forward and approve the program change.

Stakeholders present for the meeting endorsed the Prevention and Early Intervention plan. Details of the plan are listed in the PEI section of this Plan Update.

Community Stakeholders and Activities

The MHSA Representative Stakeholder Steering Committee (RSSC) was vital to this community planning process. The committee is comprised of all required local and diverse stakeholders from various sectors and communities in Stanislaus County. BHRS community partners and consumers also play important roles on the committee.

The committee sectors/communities are as follows:

- Diverse Communities
- Education
- Health Care
- Social Services
- Senior Services
- Consumer Partners
- Family Member Partners
- Health Care: Public/Private
- Stanislaus County Regional Areas
- Stanislaus County Chief Executive Office
- Contract Providers of Public Mental Health Services
- Stanislaus County Courts
- Housing: Public/Private
- Veterans

¹ Community at Work developed the initial version of the Gradients of Agreement. Luminescence Consulting has refined this tool and BHRS uses it to facilitate deliberative processes.

- Law Enforcement
- Probation Department
- Public Mental Health Labor Organization
- Behavioral Health and Recovery Services (BHRS)
- Mental Health Board members

The following meeting was held as part of the community stakeholder process for this Plan Update:

June 3, 2016 - The RSSC convened to learn about a funding recommendation for Prevention and Early Intervention (PEI). The Central Valley Suicide Prevention Hotline (CVSPH) serves Stanislaus, Merced, Fresno, Tulare, Kings, Madera, and Mariposa counties. It's funded by California Central Valley Counties and Proposition 63, one of several initiatives implemented by CalMHSA, an organization of California counties working to improve mental health outcomes for individuals, families, and communities.

The hotline number is 1-888-506-5991 and calls have been many. This year, the call volume for Stanislaus County has increased making it the second largest call user behind Fresno County. Stakeholders were provided copies of CVSPH call volume data reports for March 2016 and the 3rd Quarter of 2015-16.

BHRS Leadership shared with stakeholders that the hotline is very important for the community and calls have increased from 1% to 9% from calendar year 2014 to 2015. Stanislaus County BHRS had provided CalMHSA \$58,000 for its share of the project. Because of the call increase, stakeholders were asked to approve an additional estimated funding amount of \$48,371 and apply remaining funding for future PEI projects. During the meeting, it was also stressed that the hotline would prove beneficial to data collection for a Suicide Prevention Innovation project approved by the Mental Health Services Oversight and Accountability Commission on April 28, 2016. The CVSPH has indicated interest in participating in the learning project.

Funding for this project comes from PEI funding in the amount of \$90,000 that had been approved by stakeholders for the CalMHSA PEI Statewide Initiative on February 27, 2015. Stakeholders were shown a power point presentation detailing the county's history of contributions to CalMHSA and concerns from the Stanislaus County Board of Supervisors that local suicide prevention efforts could be more effective.

Stakeholders asked questions about the local and national suicide prevention hotlines and how they operate. It was explained that calls to the national hotline are routed to local hotlines such as CVSPH where talk downs are implemented in extreme cases and community resources are provided to callers asking for help.

Stakeholders were provided with copies of CVSPH data which included data on call volume by county location, caller concerns, and caller demographics. During the meeting, it was suggested that CVSPH present information about its work to community representatives of the county PEI work group during one of their meetings.

The recommendation was as follows:

Prevention and Early Intervention (PEI) – Approve Estimated Funding for Central Valley Suicide Prevention Hotline via CalMHSA - \$48,371 a year

A Gradients of Agreement exercise was used to determine whether or not there was sufficient consensus among voting stakeholders to move forward with the proposal. Stakeholders were asked to cast votes for the proposal individually and reach agreement using the Gradients of Agreement framework shown on the next page.

Gradients of Agreement

Endorse	Endorse with minor point of contention	Agree with reservations	Abstain	Stand aside	Disagree but will support the majority	Disagree and want out from implementation	Can't go forward
I like it	Basically I like it	I can live with it	I have no opinion	I don't like this, but I won't hold up the group	I want my disagreement recorded, but I'll support the decision.	I won't stop anyone else, but I don't want to make this happen.	We have to continue the conversation.

All RSSC members present agreed with the funding proposal recommendation.

Ninety six percent (96%) voted to endorse the estimated yearly funding amount of \$48,371 for the Central Valley Suicide Prevention Hotline via CalMHSAs and apply remaining funding for future PEI projects.

Four percent (4%) voted to endorse with a minor point of contention citing a concern about CVSPH providing more in-depth data specific to Stanislaus County. In response to the concern, BHRS Leadership will work with CVSPH to find out if additional outcome measures can be developed.

Local Review Process

This Plan Update was posted for 30-day public review and comment on June 7, 2016 - July 6, 2016. The public review notification and access to copies of the Plan Update were made available through the following methods:

- ✓ An electronic copy was posted on the County's MHSAs website: www.stanislausmhsa.com
- ✓ Hard copies were posted on BHRS building public bulletin boards
- ✓ Paper copies were sent to Stanislaus County Public Library resource desks at thirteen branches throughout the county
- ✓ Electronic notification was sent to all BHRS service sites with a link to www.stanislausmhsa.com, announcing the posting of this report
- ✓ The Representative Stakeholder Steering Committee, Mental Health Board members, Advisory Board for Substance Abuse Programs as well as other stakeholders were sent the notice informing them of the start of the 30-day public review, and how to obtain a copy of the Plan Update
- ✓ Public notices were posted in nine newspapers throughout Stanislaus County including a newspaper serving the Spanish speaking community. The notice included a link to the plan online at www.stanislausmhsa.com and a phone number to request a hard copy of the document.

An informational outreach meeting for the public to learn more about the Plan Update is scheduled for June 7, 2016 from 1:30 pm to 2:30 pm in the Redwood Room at the BHRS campus located at 800 Scenic Drive in Modesto.

Substantive Comments and Response:

Any comments received during the 30-day public review and comment period will be posted in this section of the Plan Update.



Prevention and Early Intervention Overview

PEI programs are transformational in the way they influence restructuring of the mental health system to embrace a “help first” paradigm in partnership with the community. The aim is to promote prevention and early intervention. It’s the second largest component and accounts for twenty percent of Stanislaus County’s MHSAs funding.

The programs are created to prevent mental illness from becoming severe and disabling by recognizing the early signs and improving access to services and programs. With the help of diverse groups and neighborhood-based organizations, residents learn how to support each other. This strengthens the capacity of communities to increase protective factors and reduce the stigma and discrimination of mental illness.

Stanislaus County has 8 PEI projects that include 18 programs. Many have more than one contracted agency to implement the program in communities across Stanislaus County. Each program has a unique approach that incorporates community-based interactions with service recipients that strive to include MHSAs values of cultural competency, community collaboration, wellness, recovery/resiliency, client/family driven services, and an integrated service experience.

The Prevention and Early Intervention component plays an important role in reaching the desired MHSAs long-term results of wellness, recovery, and resilience for identified populations.

Proposal to Approve Estimated Funding for Central Valley Suicide Prevention Hotline via CalMHSA- \$48,371 a year

Background:

Behavioral Health and Recovery Services has been contributing \$5,863 for the Central Valley Suicide Prevention Hotline (CVSPH) as part of the PEI funding. Since an augmentation to the CalMHSA contribution for State-wide PEI was not approved by the Board of Supervisors in September 2015 due to concerns about local suicide prevention efforts not being as effective as hoped, the contribution of \$90,000 for State-wide PEI, which was approved by the Board of Supervisors on June 2, 2015 for FY 2015 -2016, was unused for FY 2016 -2017.

During the June 3, 2016 meeting, stakeholders were asked to endorse additional funding for CVSPH in the amount of \$48,371 to help pay for the increase in call volume for Stanislaus County, the second largest call user behind Fresno County.

MHSA Stakeholder Approval Process

As reported in the Community Planning and Local Review Process section of this Plan Update, 96% of stakeholders endorsed the funding proposal and 4% endorsed it with a minor point of contention.



For more information about BHRS/MHSA funded programs, please visit our website at <http://www.stanislausmhsa.com/>