



MHSA

Representative Stakeholder Steering Committee

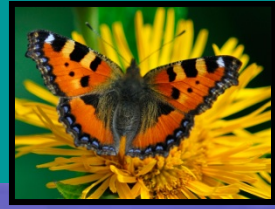
Behavioral Health & Recovery Services
Mental Health Services Act



Planning Meeting

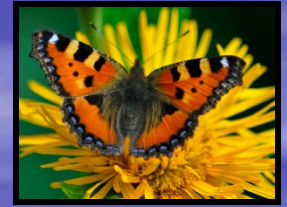
June 13, 2014

MHSA Representative Stakeholder Steering Committee



Welcome and Introductions

Today's Agenda



- Recap of May 30 Meeting
- Review MHSA Theory of Change Framework
- New CSS proposals
- Prevention and Early Intervention (PEI) - Process Theory of Change
- Roundtable Discussions

BREAK

- Innovation (INN) - Process Theory of Change
- Roundtable Discussions
- Next Steps/Close

MHSA Representative Stakeholder Steering Committee



**“If you change the way
you look at things, the
things you look at
change.”**

**- Wayne Dyer,
Motivational Speaker**

Recap of Meeting on May 30, 2014



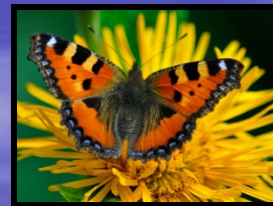
- Theory of Change Framework Concept
- MHSA Community Planning Process
- Theory of Change for Community Services and Supports (CSS)
- Templates Available
- MHSA Estimated Funding



MHSA Components



- Community Services and Supports (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WE&T)
- Capital Facilities/ Technological Needs (CF/TN)
- Innovation



MHSA Values

- ❑ Community collaboration
- ❑ Cultural competence
- ❑ Client/family driven mental health system
- ❑ Wellness, recovery, and resiliency focus
- ❑ Integrated service experiences for clients and family

Theory of Change Framework



- Causal Framework of HOW and WHY a change process will occur
- Focus first on the result/outcome
- Strategies/interventions/activities are based on results
- Specifies assumptions and identifies rationales for strategies/interventions/activities
- Measurement is built in – basis for monitoring and evaluation
- Visual

**MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations**

**CSS Results:
Elimination of disparity in access
Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations**

FSP Results:

- Decreased incarcerations
- Decreased psychiatric hospitalizations
- Decreased medical hospitalizations
- Decreased homelessness
- Increased employment

GSD Results:

- Decreased Stigma
- Increased self-care
- Increased access to community resources
- Decreased need for extensive and expensive services

O&E Results:

Diverse and underserved communities are reached

Strategies

FSP

GSD

O&E

Targeted Population

Targeted Population

Targeted Population

Services/Activities

Services/Activities

Services/Activities

Programs

Programs

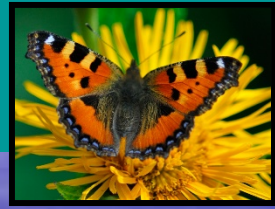
Programs

- FSP-01 (Four FSP LOCs)
- FSP-02 (One FSP LOC)
- FSP-05 (One FSP LOC)
- FSP-06 (One FSP LOC)

- GSD-01 Fast TRAC & Wellness (FSP-01)
- GSD-02 ISS & Wellness (FSP-05)
- GSD-04 ISS & Wellness (FSP-06)
- GSD-05

O&E-02

CSS Proposals from Community



- WMKKNC – Outreach and Engagement (O&E)
Expand number of neighborhood outreach workers
- WMKKNC – General System Development (GSD)
Expand use of phone based counseling service

MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations

CSS Results:
Elimination of disparity in access
Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations

GSD Results:

- Decreased Stigma
- Increased self-care
- Increased access to community resources
- Decreased need for extensive and expensive services

GSD Strategy

Proposed Services/Activities

Targeted Population:
Unserved and underserved residents
of West Modesto with mental and
behavioral health needs

- Phone-based Counseling Services

Proposed Program

WMKKNC
Expanded Use of Phone-
Based Counseling Services

MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations

CSS Results:
Elimination of disparity in access
Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations

O&E Results:
Diverse and underserved communities are reached

O&E Strategy

Proposed Services/Activities

Targeted Population:
Unserved and underserved residents
of West Modesto (low-income,
diverse, multicultural population)

- Initial contacts in locations where people are most comfortable
- Engagement/interaction
- Assessment of Needs
 - Referrals

Proposed Program

**Multi-Cultural Outreach and
Engagement Workers in West Modesto**

MHSA Components



- Community Services and Supports (CSS)
- **Prevention and Early Intervention (PEI)**
- Workforce Education and Training (WE&T)
- Capital Facilities/ Technological Needs (CF/TN)
- **Innovation**

PEI Priority Target Populations



- Individuals at risk or showing early signs of severe mental illness
- Across age categories
 - Child/Youth, TAYA, Adult, Older Adult
- Unserved/Underserved populations

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Universal Prevention Results:

- Mental health awareness
- Increased knowledge about mental health, mental illness (SMI/SED), and early signs of mental illness

Selective Prevention Results:

- Increased knowledge about mental health, mental illness (SMI/SED) and signs
- Individuals at risk for SMI/SED are engaged & supported
- Reduced risk factors for SMI/SED
 - Developed/strengthened protective factors

Indicated Prevention Results:

- Individuals exhibiting onset of SMI/SED or with MH issues and their families are:**
- Engaged
 - Supported
 - Screened/referred

Early Intervention Results:

- Individuals exhibiting onset of SMI/SED or with MH issues and their families are provided services in a timely manner

Strategies

Promotion of Mental Health

Mental health training & education

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Brief Counseling Intervention

Stanislaus County residents

- Underserved/Unserved
- Individuals at risk for SMI/SED

- Individuals exhibiting onset of SMI
- Individuals with MH issues
- Families of those with MH issues

- Individuals exhibiting onset of SMI
- Individuals with MH issues
- Families of those with MH issues

Services/Activities

Services/Activities

Services/Activities

Services/Activities

Programs

Programs

Programs

Programs

4 programs

15 programs

7 programs

5 programs

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Selective Prevention Results:

- Increased knowledge about mental health, mental illness (SMI/SED) and signs
- Individuals at risk for SMI/SED are engaged & supported
- Reduced risk factors for SMI/SED
 - Developed/strengthened protective factors

Indicated Prevention Results:

Individuals exhibiting onset of SMI/SED or with MH issues and their families are:
Engaged
Supported
Screened/referred

Strategies

Promotion of Mental Health

Mental health training & education

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Proposed Services/Activities

• Rural ethnic/cultural underserved and at-risk populations within specific communities

- MH planning at community level
 - Training on MH issues
- Leadership development activities

- Latinos and underserved populations exhibiting onset of SMI
- Latinos and underserved populations with MH issues
- Families of populations with MH issues

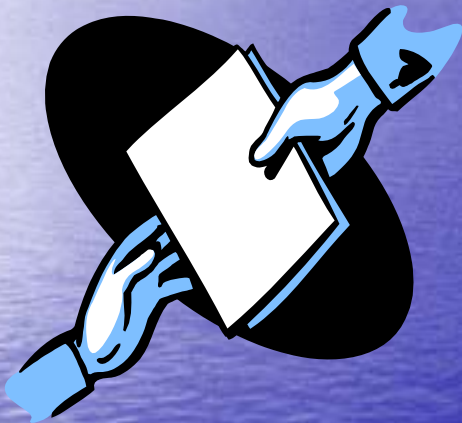
Expansion of:
• Referrals
• Peer support – individual & groups

Proposed Program

Promotores/ABCD combination and expansion



What is the Proposal Process for PEI?



- Expansions
- Proposals/Ideas – RFP Process/General Services
- Community submissions

**MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations**

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Early Intervention Results:

- Individuals exhibiting onset of SMI/SED or with MH issues and their families are provided services in a timely manner

Strategies

**Screening &
Referral**

Peer Support

**Brief Counseling
Intervention**

Proposed Services/Activities

Targeted Population(s):

Services/Activities:

Proposed Program/Project

Project Name:

**MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations**

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Indicated Prevention Results:
Individuals exhibiting onset of SMI/SED or with MH issues and their families are:

- Engaged
- Supported
- Screened/referred

Strategies

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Proposed Services/Activities

Targeted Population(s):

Services/Activities:

Proposed Program/Project

Project Name:

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Selective Prevention Results:

- Increased knowledge about mental health, mental illness (SMI/SED) and signs
- Individuals at risk for SMI/SED are engaged & supported
 - Reduced risk factors for SMI/SED
- Developed/strengthened protective factors

Strategies

Mental health
training & education

Outreach &
engagement

Community support

Community
capacity building

Screening &
Referral

Peer Support

Proposed Services/Activities

Targeted Population(s):

Services/Activities:

Proposed Program

Program Name:

**MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations**

Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Universal Prevention Results:

- Mental health awareness
- Increased knowledge about mental health, mental illness (SMI/SED), and early signs of mental illness

Strategies

**Mental health
training &
education**

Proposed Services/Activities

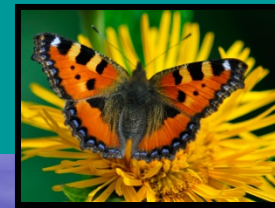
Targeted Population(s):

Services/Activities:

Proposed Program

Program Name:

MHSA Representative Stakeholder Steering Committee



NEW BALLGAME

Prevention and Early Intervention (PEI)

Estimated Funding Available

- \$783,000 FY 2014-2015
- \$783,000 FY 2015-2016
- \$783,000 FY 2016-2017



PEI BHRS Proposal

- Promotores Expansion
 - Increased hours
 - \$185,000



Roundtable Discussion



- Is the theory of change for PEI clear to you?
- What questions do you have about what you just heard?

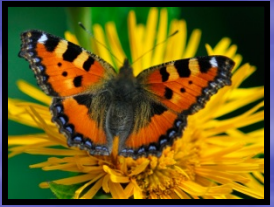
MHSA Representative Stakeholder Steering Committee Meeting



“Alone we can do so little; together we can do so much.”

**- *Helen Keller, Author,
Political Activist, Lecturer***



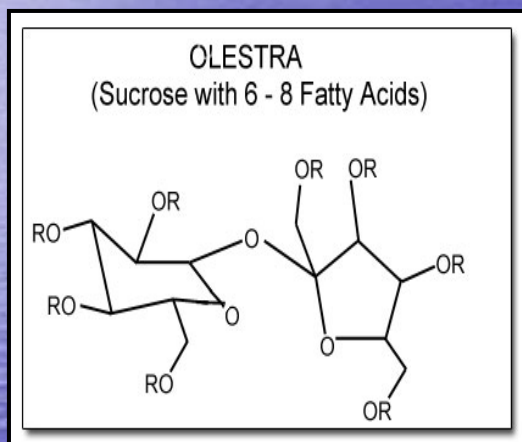


BREAK

What is Innovation?



What is Innovation?



MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations

Innovation Result:
Development of new best practices in mental health

Results:
Increased interagency & community collaboration for MH services or supports

Results:
Increased quality of MH services

Results:
Increased access to underserved populations

Results:
Increased access to mental health services

Strategies

Introduce a mental health practice or approach that is new to the overall MH system

Make a change to an existing practice in the field of mental health

Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or settings

Targeted mental health adaptive dilemma

Targeted mental health adaptive dilemma

Targeted mental health adaptive dilemma

Services/Activities

Services/Activities

Services/Activities

Programs/Projects

Programs/Projects

Programs/Projects

4 projects

3 projects

4 projects

MHSA Long-Term Result:
Wellness, Recovery, & Resilience for Identified Populations

Innovation Result:
Development of new best practices in mental health

Result:
Increased interagency & community collaboration for MH services or supports

Result:
Increased quality of MH services

Result:
Increased access to underserved populations

Result:
Increased access to mental health services

Strategies

Introduce a mental health practice or approach that is new to the overall MH system

Make a change to an existing practice in the field of mental health

Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or settings

Proposed Services/Activities

Targeted
mental health adaptive dilemma:

Services/Activities:

Program/Project

Project Name:



What is the Proposal Process for Innovation?



- Proposals/Ideas – RFP Process/General Services
- MHSOAC approval for Innovation proposals
- Community submissions



Roundtable Discussion



- Is the theory of change for Innovation clear to you?
- What questions do you have about what you just heard?

MHSA Representative Stakeholder Steering Committee



NEW BALLGAME

Innovation

Estimated Funding Available

– \$1.3 million over two fiscal years

FY 2014-2015

FY 2015-2016



Next Steps



Next Meeting – June 20, 2014
Sutter Health Education Center
1- 4 pm



- Bring your PEI and Innovation templates for discussion/forward in advance if possible

Next Steps

- Return Feedback Form
- Final Reflections/Questions?
- Stakeholder Meeting Schedule
Friday, June 20, 2014
Friday, July 18, 2014



www.stanislausmhsa.com



**Thank you for your
partnership!**