

MHSA

Representative Stakeholder Steering Committee



Behavioral Health & Recovery Services

Mental Health Services Act

Planning Meeting

June 20, 2014

MHSA Representative Stakeholder Steering Committee



Welcome and Introductions

MHSA Representative Stakeholder Steering Committee



Today's Agenda

- Recap of June 13 Meeting
- Review Role of MHSA Representative Stakeholders
- Prevention and Early Intervention (PEI) Theory of Change
- Hear PEI Proposals/Ideas
- Roundtable Discussions

Break

- Innovation (INN) Theory of Change
- Hear INN Proposals/Ideas
- Roundtable Discussions
- Representative Stakeholder Consultation
- Group Activity on Priorities
- Next Steps/Close

Recap of Meeting on June 13, 2014



- Reviewed Prevention and Early Intervention (PEI) and Innovation (INN) components and Theory of Change framework
- Heard about 2 CSS Proposals/1 BHRS PEI Proposal
- Shared information on estimated funding and proposal process/RFPs



MHSA Components/Funding Areas







- Community Services and Support (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WE&T)
- Technological Needs (TN) /Capital Facilities
- Innovation

MHSA Representative Stakeholder Steering Committee Meeting

MHSA Values

- Community collaboration
- Cultural competence
- Client/family driven mental health system
- Wellness, recovery, and resiliency focus
- Integrated service experiences for clients and family

About the MHSA Representative Stakeholder Steering Committee

BACKGROUND

- Stakeholder input is a requirement of MHSA
- Committee is broad representative group of Stanislaus County stakeholders



About the MHSA Representative Stakeholder Steering Committee

RESPONSIBILITIES

- Provide guidance in establishing initial priorities for component plans of MHSA
- Provide input to BHRS
- Appointed by BHRS Director
- Serve various communities/are the voice of their respective communities
- Representatives have alternates to represent their community's interests
- Community members always welcomed but representatives have specific responsibilities to gather/report community input



About the MHSA Representative Stakeholder Steering Committee

WHO MAKES UP THE COMMITTEE?

Representatives from various communities include:

- Education
- Health Care
- Social Services
- Senior Services
- Consumer Partners
- Family Member Partners
- BHRS Staff
- Health Care: Public/Private

- Regional Areas
- CEO's office
- Contract Providers of Public Mental Health Services
- Courts
- Private/Public Housing
- Diverse communities
- Law Enforcement
- Probation
- Public Mental Health Labor Organization

MHSA Planning



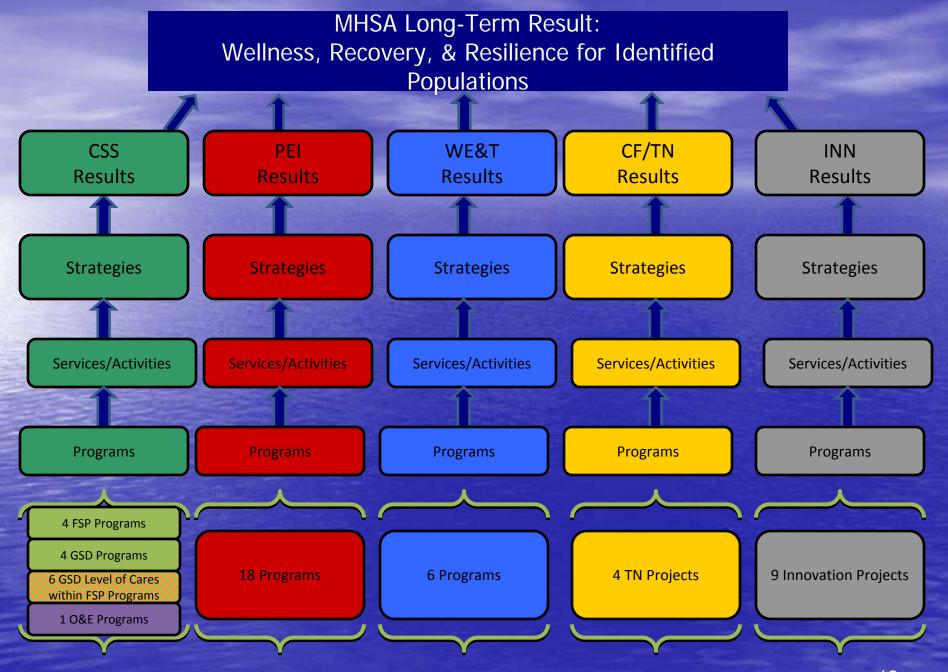


- MHSA Statute,
 Regulations, and
 Guidelines
- RepresentativeStakeholder Input
- BHRS Capacity to implement funds



Theory of Change Framework

- Causal Framework of HOW and WHY a change process will occur
- Focus first on the result/outcome
- Strategies/interventions/activities are based on results
- Specifies assumptions and identifies rationales for strategies/interventions/activities
- Measurement is built in basis for monitoring and evaluation
- Visual



MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

CSS Results:

Elimination of disparity in access

Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations

FSP Results:

- Decreased incarcerations
- •Decreased psychiatric hospitalizations
- Decreased medical hospitalizations
- Decreased homelessness
- Increased employment

GSD Results:

- Decreased Stigma
- Increased self-care
- Increased access to community resources
- Decreased need for extensive and expensive services

O&E Results:

Diverse and underserved communities are reached



GSD

FSP

Targeted Population

Services/Activities

Programs

FSP-FSP-FSP-FSP-01 02 05 06 (One (Four (One (One **FSP FSP FSP FSP** LOC) LOC) LOC) LOCs)

Targeted

Population

Services/Activities

Programs

Targeted Population

Services/Activities

O&E

Programs

GSD-01 GSD-02 GSD-04 GSD-05

Fast TRAC & ISS & Wellness (FSP-01) (FSP-05)

ISS & Wellness (FSP-06) O&E-02

13

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

Reduced stigma & discrimination –Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Universal Prevention Results:

- Mental health awareness
- •Increased knowledge about mental health, mental illness (SMI/SED), and early signs of mental illness

Selective Prevention Results:

- •Increased knowledge about mental health, mental illness (SMI/SED) and signs
 - •Individuals at risk for SMI/SED are engaged & supported
 - •Reduced risk factors for SMI/SED
 - Developed/strengthened protective factors

Indicated Prevention Results:

Individuals exhibiting onset of SMI/SED or with MH issues and their families are:

- Engaged
- Supported
- Screened/referred

Early Intervention Results:

 Individuals exhibiting onset of SMI/SED or with MH issues and their families are provided services in a timely manner

Strategies

Promotion of Mental Health

Mental health training & education

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support Brief Counseling Intervention

Stanislaus County residents

Services/Activities

- •Underserved/Unserved
- •Individuals at risk for SMI/SED
 - Services/Activities

- Individuals exhibiting onset of SMI
 Individuals with MH issues
- Families of those with MH issues

Services/Activities

- •Individuals exhibiting onset of SMI
 •Individuals with MH issues
- •Families of those with MH issues

Services/Activities

Programs

Programs

Programs

Programs

4 programs

15 programs

7 programs

6 programs

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

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Universal Prevention Results:

- Mental health awareness
- •Increased knowledge about mental health, mental illness (SMI/SED), and early signs of mental illness

Strategies

Mental health training & Education

Services/Activities

Targeted Population:

All Stanislaus County Residents

Services/Activities:

- County-wide information and resources about mental health, signs of mental illness, and suicide prevention
 - Personal experience sharing
 - Resource guides and websites

Programs

- Mental Health Promotion Campaign
 - •Friends Are Good Medicine
 - •In Our Own Voice
 - •PEI/Statewide Campaign

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

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Selective Prevention Results:

Increased knowledge about mental health, mental illness (SMI/SED) and signs - Individuals at risk for SMI/SED are engaged & supported – Reduced risk factors for SMI/SED - Developed/strengthened protective factors

Strategies

Mental health training & education

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Services/Activities

Targeted Populations:

- Underserved/Unserved
- •Individuals at risk for SMI/SED

Services/Activities:

See handouts

Programs

Asset-Based Community Development
Promotores & Community Health Workers
The Community Outreach and Engagement
Student Assistance and School-based Conultation
Faith/Spirituality Behavioral Health Integration
Leadership and Resiliency Program
In Our Own Voice/Parents & Teachers as Allies
Mental Health Promotion Campaign

Friendly Visitor
Senior Center Without Walls
Friends Are Good Medicine
PEI/Statewide Campaign
Children Are People
Expanded Child Soxual Abus

Expanded Child Sexual Abuse Prevention & Early Intervention Early Psychosis Prevention (LIFE Path)

Prevention & Early Intervention Results:

Reduced stigma & discrimination –Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Indicated Prevention Results:

Individuals exhibiting onset of SMI/SED or with MH issues and their families are:

Engaged - Supported - Screened/referred

Strategies

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Services/Activities

Targeted Population(s):

- Individuals exhibiting onset of SMI
 - •Individuals with MH issues
- Families of those with MH issues

Services/Activities:

See handouts

Programs

- Promotores and Community Health Workers
 - Faith/Spirituality Behavioral Integration
- •The Community Outreach and Engagement
 - Friends Are Good Medicine
 - •In Our Own Voice
 - Early Psychosis Intervention: LIFE Path
- Expanded Child Sexual Abuse Prevention and Early Intervention

MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Prevention & Early Intervention Results:

Reduced stigma & discrimination –Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

Early Intervention Results:

•Individuals exhibiting onset of SMI/SED or with MH issues and their families are provided services in a timely manner

Strategies

Screening & Referral

Peer Support

Brief Counseling Intervention

Services/Activities

Targeted Population(s):

- Individuals exhibiting onset of SMI
 - •Individuals with MH issues
- Families of those with MH issues

Services/Activities:

See handout

Programs

- Aggression Replacement Training (ART)
- •Expanded Child Sexual Abuse Prevention and Early Intervention
 - Early Psychosis Intervention: LIFE Path
 - •PEARLS & Senior Peer Counseling
 - •Health/Behavioral Health Integration

MHSA Representative Stakeholder Steering Committee





NEW BALLGAME

Prevention and Early Intervention (PEI)

Estimated Funding Available

- \$783,000 FY 2014-2015
- \$783,000 FY 2015-2016
- \$783,000 FY 2016-2017

Prevention and Early Intervention (PEI)

- ☐ Share out PEI Proposals/Ideas
- **Proundtable Discussions**



BREAK



"There is no power greater than a community discovering what it cares about."

- Margaret Wheatley, Author



MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

Innovation Result: Development of new best practices in mental health

Results:

Increased interagency & community collaboration for MH services or supports

Results:

Increased quality of MH services

Results:

Increased access to underserved populations

Results:

Increased access to mental health services

Strategies

Introduce a mental health practice or approach that is new to the overall MH system

Make a change to an existing practice in the field of mental health

Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or settings

Targeted mental health adaptive dilemma

Services/Activities

Programs/Projects

5 projects

Targeted mental health adaptive dilemma

Services/Activities

Programs/Projects

3 projects

Targeted mental health adaptive dilemma

Services/Activities

Programs/Projects

4 projects

222

Mental Health Adaptive Dilemma

Defined:

A mental health challenge that cannot be resolved through habitual or known responses

MHSA Representative Stakeholder Steering Committee





NEW BALLGAME

Innovation

Estimated Funding Available

\$1.3 million over two fiscal yearsFY 2014-2015

FY 2015-2016

Innovation



- ☐ Share out INN Proposals/Ideas
- ☐ Roundtable Discussions





Representative Stakeholder Consultation



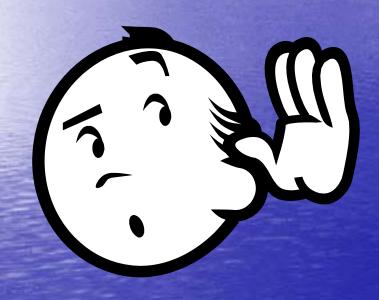
Group Activity on Priorities

Prioritizing



Next Steps





What questions do you have?

Next Steps

- Return Feedback Form
- Final Reflections/Questions?



Next Meeting
July 18, 2014
1-4 pm
Sutter Health Education Center

www.stanislausmhsa.com





Thank you for your partnership!