



# MHSA

## Representative Stakeholder Steering Committee

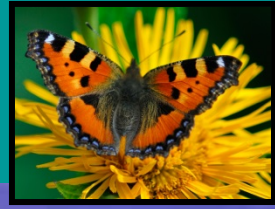
Behavioral Health & Recovery Services  
Mental Health Services Act



Planning Meeting

July 18, 2014

# MHSA Representative Stakeholder Steering Committee



## Welcome and Introductions

# MHSA Representative Stakeholder Steering Committee



## Today's Agenda

- Recap of June 20 Meeting
- Review MHSA Planning Process
- Present MHSA Funding Plan
  - CSS Component Plan
  - PEI Component Plan

## Break

- Present MHSA Funding Plan (Continued)
  - INN Component Plan
- Gradients of Agreement
- Next Steps/Close

# Recap of Meeting on June 20, 2014



- Reviewed role of MHSA Representative Stakeholders
- Discussed PEI and INN Theory of Change framework
- Heard PEI and INN program ideas
- Convened roundtable discussions
- Community members consulted with Representative Stakeholders
- Participated in group activity on priorities



# MHSA Components/Funding Areas



- Community Services and Support (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WE&T)
- Technological Needs (TN)/ Capital Facilities
- Innovation

# MHSA Representative Stakeholder Steering Committee Meeting

## MHSA Values

- Community collaboration
- Cultural competence
- Client/family driven mental health system
- Wellness, recovery, and resiliency focus
- Integrated service experiences for clients and family

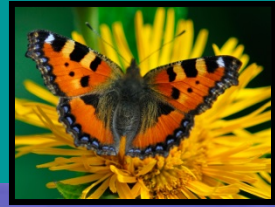
# About the MHSA Representative Stakeholder Steering Committee

## RESPONSIBILITIES

- Provide guidance and input
- Appointed by BHRS Director
- Represent various communities/are the voice of their respective communities
- Representative alternates attend meetings in their place
- Community members always welcome to attend



# MHSA Planning Process



- MHSA Statute, Regulations, and Guidelines
- Representative Stakeholder Input
- BHRS Capacity to implement funds

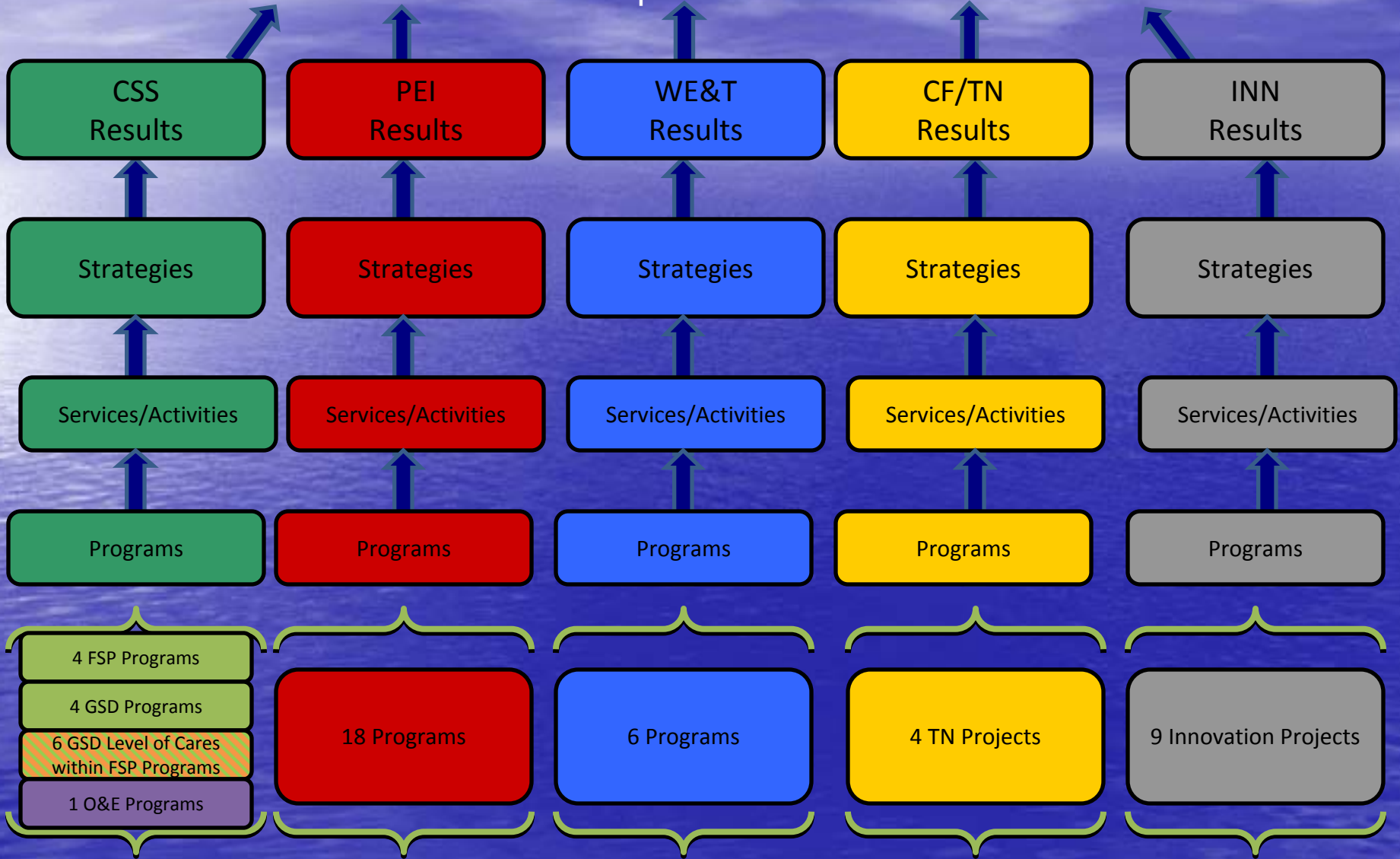


# Theory of Change Framework



- Causal Framework of HOW and WHY a change process will occur
- Focus first on the result/outcome
- Strategies/interventions/activities are based on results
- Specifies assumptions and identifies rationales for strategies/interventions/activities
- Measurement is built in – basis for monitoring and evaluation
- Visual

# MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations



**MHSA Long-Term Result:  
Wellness, Recovery, & Resilience for Identified Populations**

**CSS Results:  
Elimination of disparity in access  
Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations**

**FSP Results:**

- Decreased incarcerations
- Decreased psychiatric hospitalizations
- Decreased medical hospitalizations
- Decreased homelessness
- Increased employment

**GSD Results:**

- Decreased Stigma
- Increased self-care
- Increased access to community resources
- Decreased need for extensive and expensive services

**O&E Results:**

Diverse and underserved communities are reached

**Strategies**

**FSP**

**GSD**

**O&E**

Targeted Population

Targeted Population

Targeted Population

Services/Activities

Services/Activities

Services/Activities

Programs

Programs

Programs

- FSP-01 (Four FSP LOCs)
- FSP-02 (One FSP LOC)
- FSP-05 (One FSP LOC)
- FSP-06 (One FSP LOC)

- GSD-01 Fast TRAC & Wellness (FSP-01)
- GSD-02 ISS & Wellness (FSP-05)
- GSD-04 ISS & Wellness (FSP-06)
- GSD-05

O&E-02

# CSS

## Population and Strategy Priorities

Population	Strategy	Points
<b>1. Children/Youth</b>		<b>53</b>
	FSP - Full Service Partnership	<b>28</b>
	GSD - General System Development	<b>19</b>
	O&E - Outreach and Engagement	<b>6</b>
<b>2. Adults</b>		<b>30</b>
	FSP	<b>19</b>
	GSD	<b>0</b>
	O&E	<b>11</b>
<b>3. TAYA</b>		<b>7</b>
	FSP	<b>7</b>
	GSD	<b>0</b>
	O&E	<b>0</b>
<b>4. Older Adults</b>		<b>7</b>
	FSP	<b>6</b>
	GSD	<b>0</b>
	O&E	<b>1</b>

# Current "Full Services" for Children and Youth

- Juvenile Justice – FSP-02
  - Capacity 25
  - Currently Serving 26
- Katie A.
- Wraparound Program
- Gaps?

# New Ideas

- **Josie's Place – GSD-01**

Expand drop-in center hours/include peer support groups/evening/weekend support youth

- **Juvenile Justice – GSD expansion to FSP**

Create member-driven center for youth/Youth outreach in education, probation, and community settings/full time support of youth work in the community

# Current General System Development for Children and Youth

- Community Emergency Response Team (CERT) & Warm Line – GSD-02
- Families Together – GSD-04
- Josie's Place – GSD-01
- Consumer Empowerment Center (CART) – GSD-05  
Provide transportation for clients and their families when placed out-of-county

# New Ideas

- Enhance Families Together/Parent Partners – GSD-04

Enhance Parent Partners through positions for support families and expand support to families in child welfare and probation systems



# Current Adult Full Service Partnerships

- Westside Stanislaus Homeless Outreach Program (SHOP) – FSP-01
  - TAYA, Adult, and Older Adult
  - Capacity 164
  - Currently Serving 153
- High Risk Health and Senior Access – FSP – 06
  - TAYA, Adult, and Older Adult
  - Capacity 122
  - Currently Serving 97

# Current Adult Full Service Partnerships Including Non-MHSA Funding

- Integrated Forensic Team – FSP-05
  - TAYA, Adult, and Older Adult
  - Capacity 52
  - Currently Serving 43
- Integrated Forensic Team- Safety Realignment
  - Capacity 39 ACT (Assertive Community Treatment) Level /Currently serving 35
- Outreach – 24

# New Ideas

- **Expand Capacity in FSP – 01**

Provide additional staffing to provide specialized outreach and engagement to underserved cultural populations to increase access and community-based supports.

- **Expand Capacity in FSP – 01**

Add a clinician to provide integrated intensive community services and support

- **Expand services for ISA to becomes a new FSP – 07**

Provide additional staffing for 24/7 support , reduce client/staff ratio, and provide supportive services. Outcomes will include reductions in length of stay for clients in IMD setting.

# New Ideas

- **GSD in Support of FSP – CERT/Warm Line –**  
Provide Peer Navigators to help individuals and their families connect with community support and treatment
- **GSD in Support of FSP – CART**  
Provide transportation to decrease wait times in hospital ERs/connect individuals with timely support and treatment
- **O&E-02 Expansion to Support FSP**  
Develop housing center enhancement at Garden Gate to expand engagement through intensive transitional support to connect individuals to community and treatment support

# New Ideas

## Housing Expansions

- Transitional Board and Care – Supports FSP-07 /RFP Process
- Emergency Housing - Supports all FSPs for TAYA, Adults, and Older Adults

# Current Outreach and Engagement (O&E) Programs

- Current CSS – O&E Program
  - Garden Gate Respite Center – O&E-02
- Current PEI – O&E Programs
  - Community Outreach and Engagement
    - West Modesto King Kennedy Neighborhood Collaborative
    - El Concilio/Latino Behavioral Health & Recovery Services

# New Ideas

- **Expand CSS O&E for unserved/underserved adult populations**
  - RFP process

# Current Proposed CSS Projects



Community Services & Support (CSS)	FY2014/15	FY2015/16	FY2016/17
<b>Crisis Stabilization Unit (CSU) Design &amp; Construction</b>	\$ 944,000	\$ -	\$ -
<b>CSU Operational Costs</b>	\$ -	\$ 1,164,000	\$ 1,280,000
<b>FSP-01 Josie TRAC</b>	\$ 139,000	\$ 145,000	\$ 149,000
<b>FSP-01 FSP Access and Supports</b>	\$ 128,000	\$ 133,000	\$ 138,000
<b>FSP-07 Turning Point ISA</b>	\$ 723,000	\$ 747,000	\$ 770,000
<b>O&amp;E-02 Garden Gate Respite Housing</b>	\$ 364,000	\$ 364,000	\$ 364,000
<b>GSD-01 Josie Place</b>	\$ 131,000	\$ 131,000	\$ 131,000
<b>GSD-02 CERT/Warmline</b>	\$ 321,000	\$ 321,000	\$ 321,000
<b>GSD-04 Families Together</b>	\$ 358,000	\$ 358,000	\$ 358,000
<b>GSD-05 Consumer Empowerment Center</b>	\$ 58,000	\$ 58,000	\$ 58,000
<b>FSP-02 Juvenile Justice (GSD Funds)</b>	\$ 226,000	\$ 235,000	\$ 243,000
<b>O&amp;E-03 Outreach and Engagement</b>	\$ 140,000	\$ 140,000	\$ 140,000
<b>O&amp;E-02 Housing Programs - Increases</b>	\$ 65,000	\$ 65,000	\$ 65,000
<b>Total Estimated CSS Funding</b>	<b>\$ 3,597,000</b>	<b>\$ 3,861,000</b>	<b>\$ 4,017,000</b>



# MHSA Long-Term Result: Wellness, Recovery, & Resilience for Identified Populations

## Prevention & Early Intervention Results:

Reduced stigma & discrimination – Increased timely access to underserved & unserved populations – Decreased negative outcomes that may result from untreated mental illness (suicides, incarcerations, school failure or dropouts, unemployment, homelessness, removal of children from their homes and prolonged suffering)

### Universal Prevention Results:

- Mental health awareness
- Increased knowledge about mental health, mental illness (SMI/SED), and early signs of mental illness

### Selective Prevention Results:

- Increased knowledge about mental health, mental illness (SMI/SED) and signs
- Individuals at risk for SMI/SED are engaged & supported
- Reduced risk factors for SMI/SED
  - Developed/strengthened protective factors

### Indicated Prevention Results:

Individuals exhibiting onset of SMI/SED or with MH issues and their families are:  
Engaged  
Supported  
Screened/referred

### Early Intervention Results:

- Individuals exhibiting onset of SMI/SED or with MH issues and their families are provided services in a timely manner

## Strategies

### Promotion of Mental Health

Mental health training & education

Outreach & engagement

Community support

Community capacity building

Screening & Referral

Peer Support

Brief Counseling Intervention

Stanislaus County residents

- Underserved/Unserved
- Individuals at risk for SMI/SED

- Individuals exhibiting onset of SMI
- Individuals with MH issues
- Families of those with MH issues

- Individuals exhibiting onset of SMI
- Individuals with MH issues
- Families of those with MH issues

Services/Activities

Services/Activities

Services/Activities

Services/Activities

Programs

Programs

Programs

Programs

4 programs

15 programs

7 programs

5 programs

# PEI Populations Priorities

Population		Points
<b>1. Children/Youth</b>		<b>43</b>
	Underserved	0
	At-risk	6
	Exhibiting onset/MH issues	37
	Families	0
<b>2. Adults</b>		<b>26</b>
	Underserved	26
	At-risk	0
	Exhibiting onset/MH issues	0
	Families	
<b>3. TAYA</b>		<b>21</b>
	Underserved	2
	At-risk	10
	Exhibiting onset/MH issues	9
	Families	0
<b>4. Older Adults</b>		<b>10</b>
	Underserved	7
	At-risk	3
	Exhibiting onset/MH issues	0
	Families	0

# PEI Plan Expansion Based on Priority Populations

Priority Populations	Projects
<ol style="list-style-type: none"> <li>1. Children</li> <li>2. Youth/TAYA</li> <li>3. Exhibiting onset</li> <li>4. Underserved</li> <li>5. At-risk/Mental Illness</li> </ol>	<p><b>Project 8: School Behavioral Health Integration</b></p>
<ol style="list-style-type: none"> <li>1. Youth/TAYA</li> <li>2. Exhibiting onset</li> <li>3. Underserved</li> <li>4. At-risk/Mental Illness</li> </ol>	<p><b>Project 3: Adverse Childhood Experience Interventions</b></p> <ul style="list-style-type: none"> <li>• Early Psychosis Intervention Services</li> </ul>
<ol style="list-style-type: none"> <li>1. Adults/Older Adults</li> <li>2. Underserved</li> </ol>	<p><b>Project 5: Adult Resiliency and Social Connectedness</b></p> <ul style="list-style-type: none"> <li>• Community-based Peer Support Development</li> </ul>
<ol style="list-style-type: none"> <li>1. Adults/Older Adults</li> <li>2. Underserved</li> <li>3. At-risk/Mental Illness</li> </ol>	<p><b>Project 7: Health/Behavioral Health Integration</b></p>
<ol style="list-style-type: none"> <li>1. Adults/Older Adults</li> <li>2. Underserved</li> <li>3. At-risk/Mental Illness</li> </ol>	<p><b>Project 1: Community Capacity-Building Initiative</b></p> <ul style="list-style-type: none"> <li>• Promotores/Community Mental Health Outreach (Eliminating/Merging ABCD)</li> <li>• Community Early Intervention Services</li> </ul>

# Projects with Existing Program Expansions

PEI Projects	\$
<b>Project 1: Community Capacity-Building Initiative</b> • Promotores/Community Mental Health Outreach	185,000
<b>Project 3: Adverse Childhood Experience Interventions</b> • Early Psychosis Intervention Services	125,000
<b>Project 7: Health/Behavioral Health Integration</b> • Decrease clients/staff ratios • Underserved Cultural & Ethnic Populations	125,000 150,000
<b>Project 8: School Behavioral Health Integration</b> • Nurtured Heart • CLAS • Capacity Building and Training	150,000
<b>Total Expansions</b>	<b>585,000</b>

# Projects with New Programs

PEI Projects	\$
<b>Project 1: Community Capacity-Building Initiative</b> <ul style="list-style-type: none"><li>• Community Early Intervention Services</li></ul>	
<b>Project 5: Adult Resiliency and Social Connectedness</b> <ul style="list-style-type: none"><li>• Community-based Peer Support Development</li></ul>	<b>250,000 Estimated</b>
<b>Project 8: School Behavioral Health Integration</b> <ul style="list-style-type: none"><li>• Capacity-building &amp; Training</li></ul>	

# BREAK



**“There is no power  
greater than a  
community discovering  
what it cares about.”  
- Margaret Wheatley,  
Author**



MHSA Long-Term Result:  
Wellness, Recovery, & Resilience for Identified Populations

Innovation Result:  
Development of new best practices in mental health

**Results:**  
Increased interagency & community collaboration for MH services or supports

**Results:**  
Increased quality of MH services

**Results:**  
Increased access to underserved populations

**Results:**  
Increased access to mental health services

Strategies

Introduce a mental health practice or approach that is new to the overall MH system

Make a change to an existing practice in the field of mental health

Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or settings

Targeted mental health adaptive dilemma

Targeted mental health adaptive dilemma

Targeted mental health adaptive dilemma

Services/Activities

Services/Activities

Services/Activities

Programs/Projects

Programs/Projects

Programs/Projects

5 projects

3 projects

4 projects



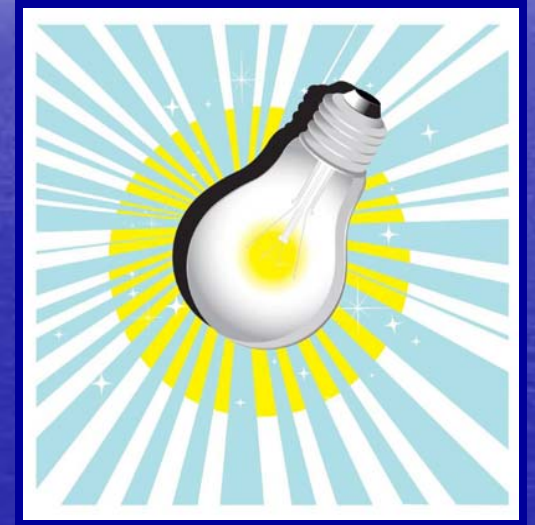
<b>Mental Health Adaptive Dilemma</b>	<b>Points</b>
<b>1. Improving parental competency and social support for fathers</b>	<b>38</b>
<b>2. Improving the well-being of children, TAY, TAYA</b>	<b>35</b>
<b>3. Treatment options for people struggling with both substance abuse and mental illness</b>	<b>10</b>
<b>4. Connecting people receiving services to community based supports</b>	<b>9</b>
<b>5. Honoring and identifying more holistic approaches to well-being</b>	<b>7</b>
<b>6. Connecting and linking underserved and diverse communities with resources</b>	<b>3</b>



# Innovation



- ❑ Two year learning projects/MHSOAC approval
- ❑ Issue RFP
- ❑ Mental Health Adaptive Dilemma/Theory of Change Language in Scope of Work



# MHSA Representative Stakeholder Steering Committee



## Innovation

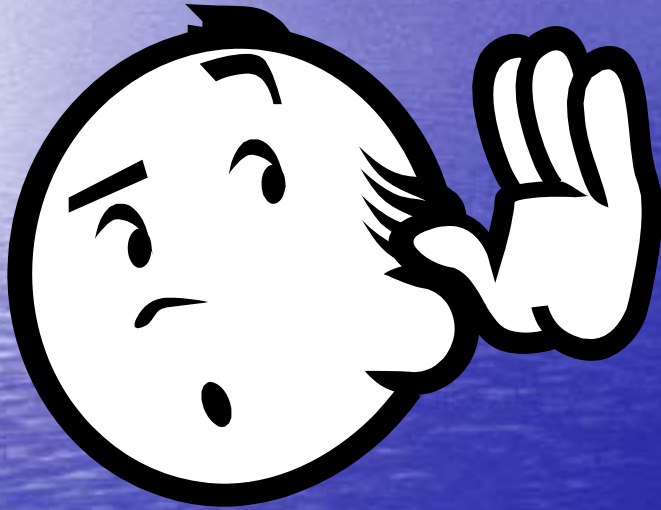
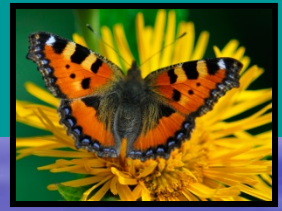
### Estimated Funding Available

– \$1.3 million over two fiscal years

FY 2014-2015

FY 2015-2016

# Next Steps



- What questions do you have?

# MHSA Representative Stakeholder Steering Committee

## Gradients of Agreement

Endorse	Endorse with minor point of contention	Agree with reservations	Abstain	Stand aside	Disagree but will support the majority	Disagree and want out from implementation	Can't go forward
I like it	Basically I like it	I can live with it	I have no opinion	I don't like this, but I won't hold up the group	I want my disagreement recorded, but I'll support the decision.	I won't stop anyone else, but I don't want to make this happen.	We have to continue the conversation.

# Next Steps

- Return Feedback Form
- Final Reflections/Questions?



*[www.stanislausmhsa.com](http://www.stanislausmhsa.com)*



Thank you for your  
partnership!