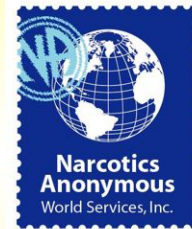


Narcotics Anonymous: A Vital Community Resource



Presented by:
Stanislaus Valley Groups of NA
Public Information Subcommittee

NA World Services Vision Statement

All of the efforts of Narcotics Anonymous World Services are inspired by the primary purpose of the groups we serve. Upon this common ground we stand committed.

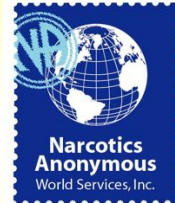
Our vision is that one day:

- Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- NA communities worldwide and NA World Services work together in a spirit of unity and cooperation to carry our message of recovery;
- Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

As our commonly held sense of the highest aspirations that set our course, our vision is our touchstone, our reference point, inspiring all that we do. Honesty, trust, and goodwill are the foundation of these ideals. In all our service efforts, we rely upon the guidance of a loving Higher Power.

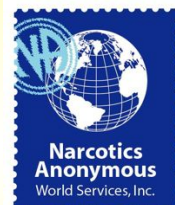
Surrounding the text are various languages in a circular arrangement: English, Bahasa Melayu, Türkçe, Nederlands, Manipuri, Deutsch, Suomalainen, Lietuviškai, Français, Tagalog, Italiano, Español, Ελληνικά, Dansk, Norsk, Brasileiro, Hindi, Anglized, Svenska, Portuguese, 日本語, فارسی, and বাংলা.

What is NA?



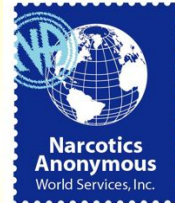
- ✦ NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. There is only one requirement for membership, the desire to stop using...

Origin of our name – Why “Narcotics?”



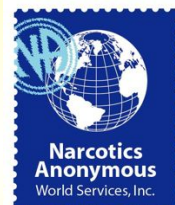
- ✦ Commonly used for all illegal substances at the time of our inception in 1953
- ✦ NA is not a drug-specific program but has universal appeal to all who share the disease of addiction

Historical Background



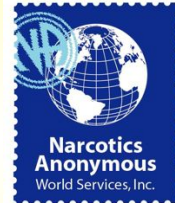
- ✦ Adapted from AA; regular NA meetings started in Los Angeles, CA in 1953
- ✦ Explosive growth coincided with publishing of the book *Narcotics Anonymous*, in 1983
- ✦ As of October 2008, there are over 53,000 meetings in 130 countries

What is NA – A Vital Resource



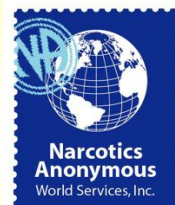
- ✦ Therapeutic value of one addict helping another – support network
- ✦ Provides a process for change through the Twelve Steps
- ✦ Adjunct to treatment professionals in continuing care

A Set of Principles



- ✚ The *Twelve Steps of Narcotics Anonymous* which were adapted, with permission, from the *Twelve Steps of Alcoholics Anonymous*, have proven to be a set of principles that have made our recovery possible.

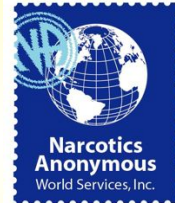
Who Is an addict?



...very simply, an addict is a man or woman whose life is controlled by drugs.

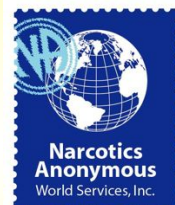
We are people in the grip of a continuing and progressive illness whose ends are always the same; jails, institutions or death.

The NA Meeting – Primary vehicle for delivering the “NA message of recovery”



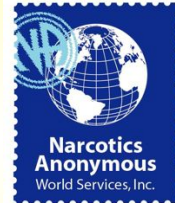
- ✦ 2 or more NA members gathering may constitute a recovery meeting
- ✦ Meetings promote an atmosphere of 'recovery' from drug dependence
- ✦ *Suggested Guidelines* on how to conduct an NA meeting are available in our service pamphlets and other literature

The NA Meeting – Primary vehicle for delivering the “NA message of recovery”



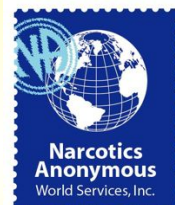
- ✦ Members often share their personal experiences with addiction and recovery
- ✦ Members with longer lengths of clean time help those that are new or have lesser lengths of clean time.
- ✦ NA meetings are self supporting by those who choose to contribute
(no fees or dues)

The NA Meeting – Primary vehicle for delivering the “NA message”



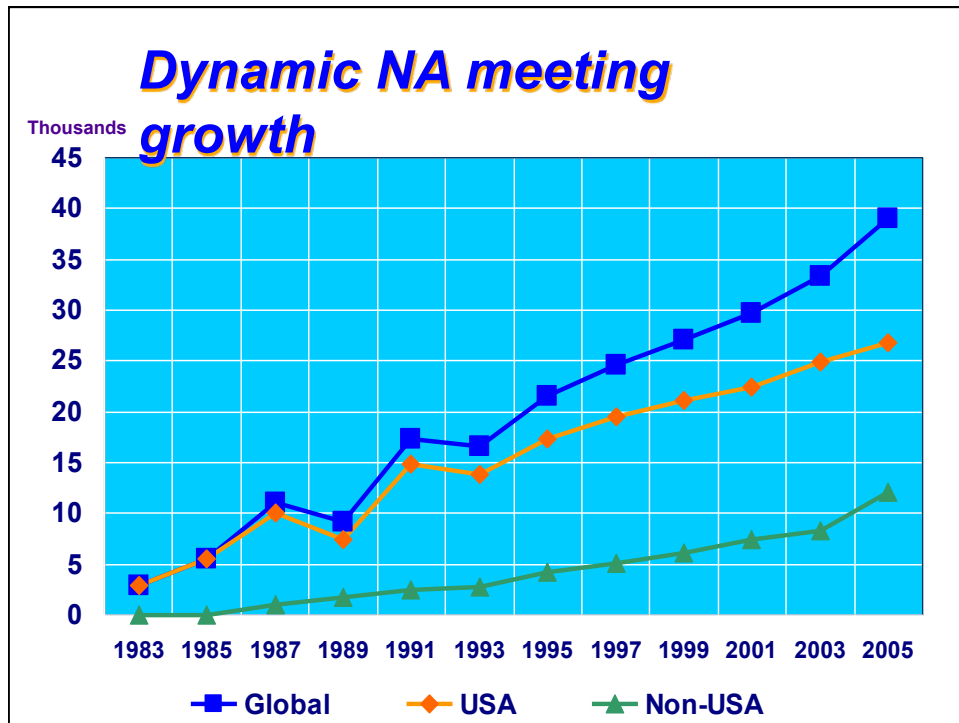
Our experience has taught us that our meeting structure is necessary for us to remain effective in achieving our primary purpose, which is to carry the message of recovery to the still suffering addict.

What is the “NA message” ?

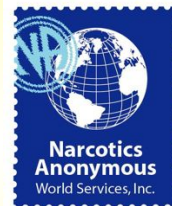


That an addict, any addict, can stop using drugs, lose the desire to use, and find a new to live.
You are welcome here.
Please stay and be a part of our growth, change, and recovery.

Basic Text 6th Edition, p. xix



SVGNA Growth



The first NA meeting in the Stanislaus Valley Area started in Modesto in the early 80's.

Today there are over 100 recovery meetings a week in the Stanislaus Valley Area which covers Stanislaus & Merced Counties.



www.calmidstatena.org

Stanislaus Valley Groups of







Modesto
Empire
Ceres
Keyes
Turlock
Atwater
Merced
Patterson
Newman
Gustine
Hilmar
Los Banos
Oakdale
Salida
Waterford
Winton



www.calmidstatena.org



Area Help Lines

Central California NA	(CCNA)	559.255.5881	www.centralcalna.org
Central Valley North NA	(CVNNA)	209.464.9262	www.cvnna.org
Central Sierra NA	(CSNA)	800.240.4956	www.centralsierrana.org
Central Sierra South NA	(CSSNA)	209.533.2348	www.cssna.org
Foothill Area of NA	(CSSNA)	559.784.4420	www.foothillna.org
Kings / Tulare NA	(K/TNA)	559.734.0403 800.970.3334	www.kingstulanena.org
Stanislaus Valley Groups of NA	(SVGNA)	209.526.1817 888.942.9522	www.svgna.com

Regions Around the World

Over 53,000 Weekly Meetings Worldwide

(October 2006)



NA SPEAKS 69 LANGUAGES

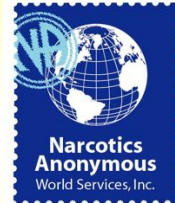
36 published languages in RED based on IP #1.

- AF Afrikaans - South Africa
- AL Albanian - Kosovo, Albania
- AS American Sign Lang (ASL) - USA
- AW Awak - Ethiopia
- AN Australian English - UK, Australia, N. Africa, New Zealand, Ireland
- AR Arabic - Bahrain, Oman, Saudi Arabia, Egypt, U.A.E., Kuwait, Lebanon
- BD Bengali - Bangladesh
- BN Bahasa Indonesia - Indonesia
- BS Bosnian - Bosnia, Herzegovina
- BT Breton - France
- BU Bulgarian - Bulgaria
- CB Catalan - Spain, Philippines
- CH Chinese - China, Singapore
- CR Croatian - Croatia, Bosnia, Herzegovina, Serbia, Montenegro
- CZ Czech - Czech Republic
- DE Danish - Denmark
- EE Estonian - Estonia
- EN English - USA, Canada
- ES Spanish - Spain
- FI Finnish - Finland
- FR French - France, Belgium, Switzerland, Germany, Canada
- GE Georgian - Georgia
- GR Greek - Greece
- HE Hebrew - Israel
- HI Hindi - India
- HU Hungarian - Hungary
- IS Icelandic - Iceland
- IT Italian - Italy
- JP Japanese - Japan
- KA Kazakh - Kazakhstan
- KL Khasi - India
- KN Kannada - India
- KO Korean - Korea
- LT Lithuanian - Lithuania
- LV Latvian - Latvia
- MA Malay - Malaysia
- MR Marathi - India
- MS Malay - Malaysia, Brunei
- MT Maltese - Malta
- NE Nepali - Nepal, India
- NO Norwegian - Norway
- OR Oriya - India
- PL Polish - Poland
- PT Portuguese - Portugal
- RO Romanian - Romania
- RU Russian - Russia, Belarus, Ukraine
- SE Swedish - Sweden
- SI Slovenian - Slovenia
- SK Slovak - Slovakia
- SR Serbian - Serbia, Bosnia, Herzegovina
- TH Thai - Thailand
- TR Turkish - Turkey
- UK Ukrainian - Ukraine
- US Urdu - Pakistan
- VI Vietnamese - Vietnam
- WA Welsh - Wales
- YD Yiddish - Israel
- ZH Chinese - China, Singapore



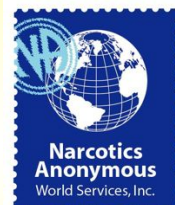
- LT Lithuanian - Lithuania
- LV Latvian - Latvia
- MA Malay - Malaysia
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- MT Maltese - Malta
- NE Nepali - Nepal, India
- NO Norwegian - Norway
- OR Oriya - India
- PL Polish - Poland
- PT Portuguese - Portugal
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- SI Slovenian - Slovenia
- SK Slovak - Slovakia
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- TH Thai - Thailand
- TR Turkish - Turkey
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- VI Vietnamese - Vietnam
- WA Welsh - Wales
- YD Yiddish - Israel
- ZH Chinese - China, Singapore

Is NA Culturally Adaptable?



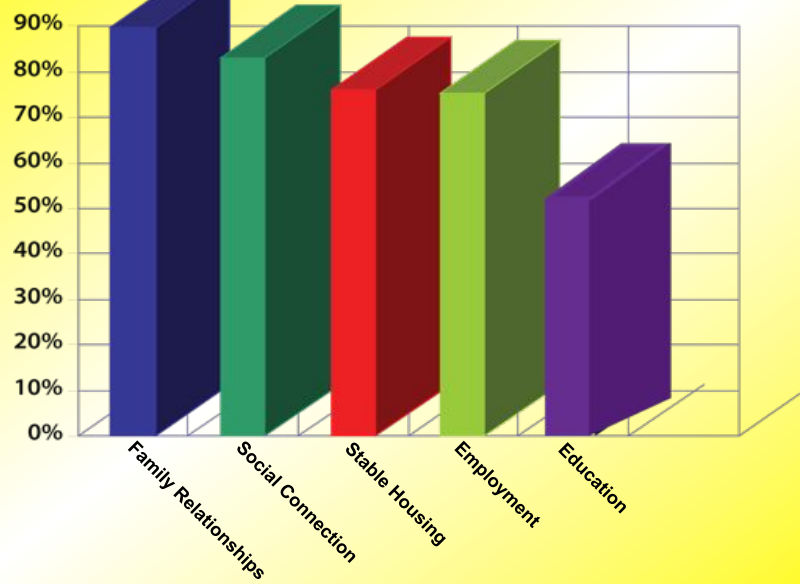
- ✦ Long Term NA Communities: Indian sub continent, Japan, Western Europe, Latin America, Middle East
- ✦ New Growth: Asia-Pacific, Eastern Europe and Africa
- ✦ Published NA literature in 36 languages

NA 2007 World Membership Survey

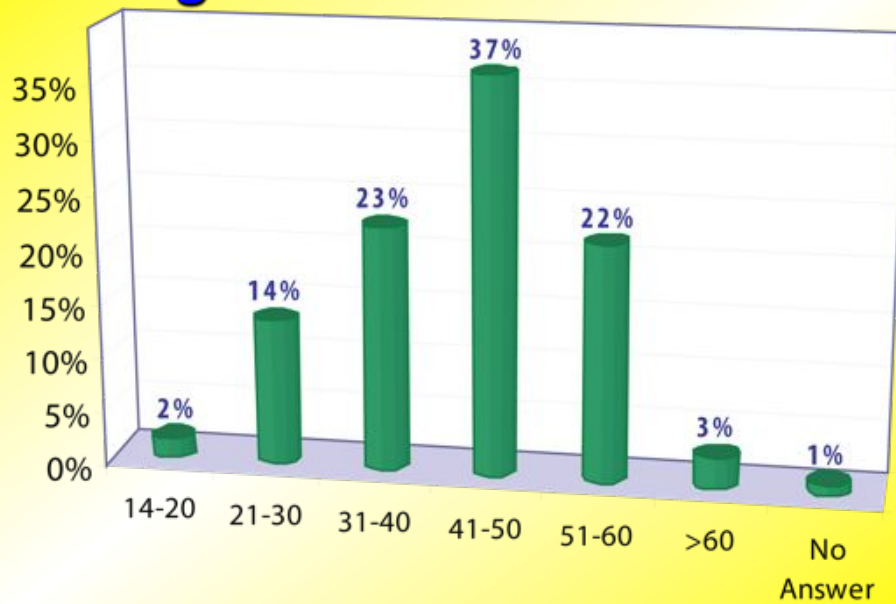


- ✦ This survey has been carried out biennially since 1996
- ✦ Gender: Male 56% Female 44%
- ✦ 66% rated "Importance of First NA meeting" *Very important or Important*
- ✦ Influence to attend first NA meeting: highest three were another NA member, treatment / counselling agency, and family
- ✦ Meeting attendance: NA members surveyed averaged 4.2 meetings per week

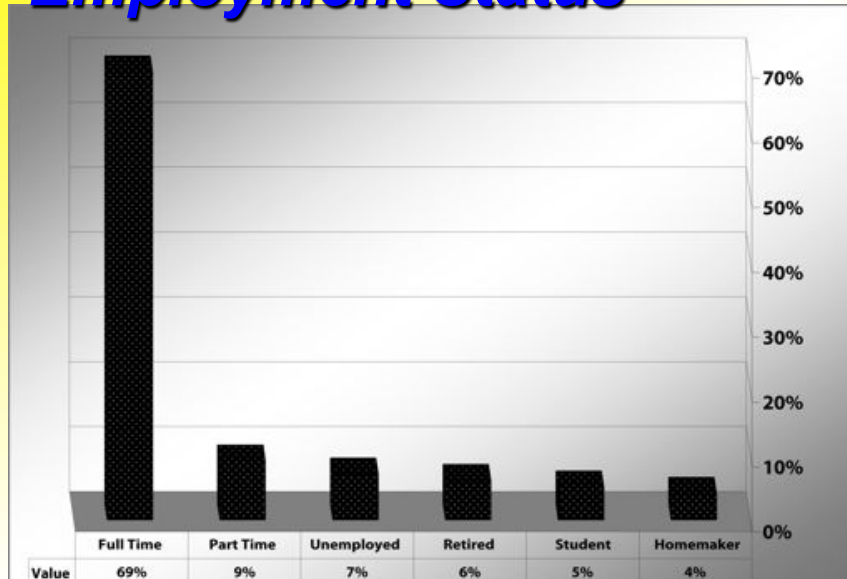
Areas of Improvement



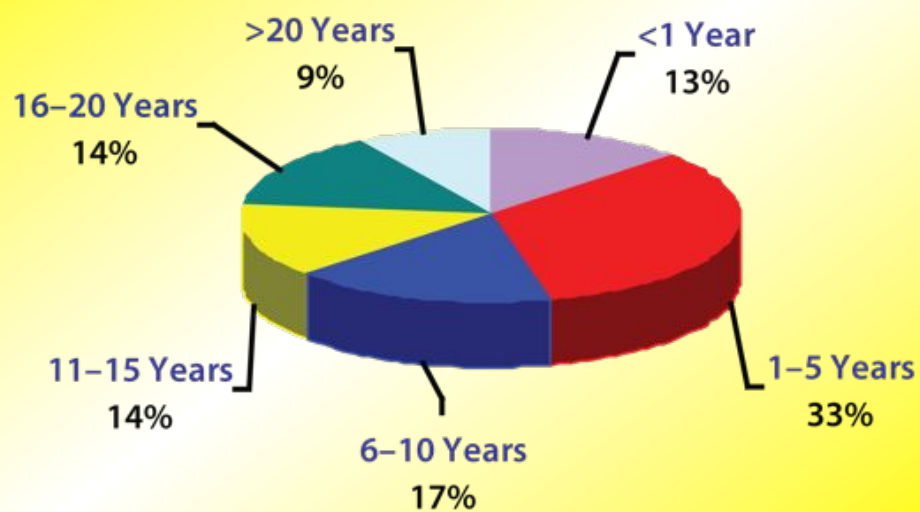
Age



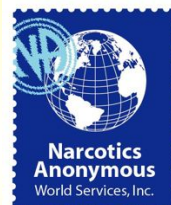
Employment Status



Years Drug-Free



Cooperating with Professionals



- ✦ NA can assist with welcoming your clients to meetings
- ✦ Presentations to professionals and clients
- ✦ Printed material, audio visual, help-lines, websites
- ✦ Subscriptions to NA newsletters, magazines and literature may be useful for clients introduction to NA
- ✦ There is no charge or fee for your clients to attend NA recovery meetings or for most NA presentations

Benefits to...



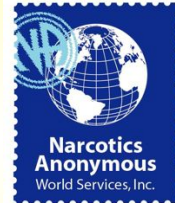
The Client:

- ✦ NA assists with transition back into the community
- ✦ NA can support clients while in treatment and correctional facilities
- ✦ NA provides a support network (peer based)
- ✦ Drug free role model reinforcement.

The Professional:

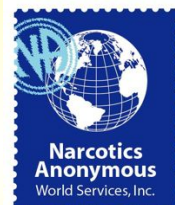
- ✦ Immediate access to aftercare support

NA as a community resource



- ✦ NA is: a 12 Step program of recovery
- ✦ NA is: a worldwide fellowship of addicts helping other addicts recover from the disease of addiction
- ✦ NA is: a not for profit, member benefit association organization funded solely by voluntary member donations and literature sales

NA as a community resource



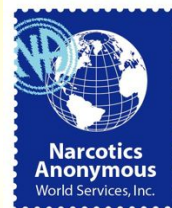
- ✦ NA is NOT: a taxi service
- ✦ NA is NOT: a money lending service
- ✦ NA is NOT: an employment service
- ✦ NA is NOT: a housing service
- ✦ NA is NOT: a dating service
- ✦ NA is NOT: a counseling service
- ✦ NA is NOT: a religious organization

NA Literature

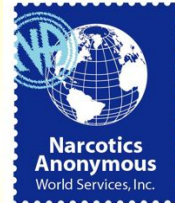


Phoneline / Helpline

- * Important service provided by
PI Subcommittee Volunteers
- May be caller's first interaction with
NA
- Volunteers are trained to respond
appropriately to the specific needs of
the call.

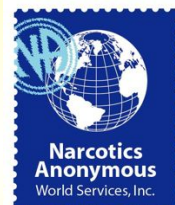


Phoneline / Helpline



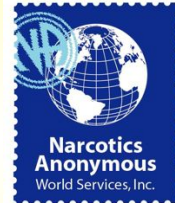
- Some calls are from non-addicts such as students doing research and requesting to sit in on a recovery meeting
- Other calls may be from non-addict professionals seeking information about community resources available to their clients

Phoneline / Helpline



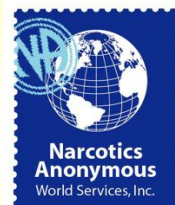
- First step is to determine if caller is addict seeking help
- Primary objective – answer questions about NA or direct them to a meeting
- Volunteer's Positive Response & Attitude may have a big impact

Phoneline / Helpline

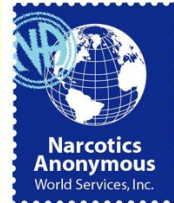


- Some calls are requesting PI presentations, special meetings, literature or information on events
- If further action is needed, the request is directed to the appropriate service committee or trusted servant

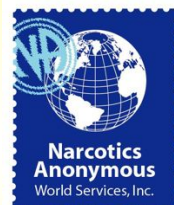
Phoneline / Helpline



- Great asset in fulfilling our primary purpose which is to carry the NA message
- Manned by Volunteers 24 hours a day, 7 days a week, 365 days a year



***Thank You
for your interest in
Narcotics Anonymous
as a
Community Resource***



***How to contact
Local NA Community:***

SVGNA

PO Box 578399

Modesto, CA 95357

Website: www.svgna.com

Local Phone Line: 209.526.1817

Toll Free #: 1.888.942.9922

How to Contact NA Worldwide

NA World Services
P.O. Box 9999
Van Nuys, CA 91409

Website: www.na.org

Phone: 818.773.9999
FAX: 818.700.0700

