

MHSA Stakeholder Meeting June 20, 2014

CSS, PEI, INN

Population and Strategy Priorities
Mental Health Adaptive Dilemma
Priorities

CSS

Population and Strategy Priorities

Population	Strategy	Points
1. Children/Youth		53
	FSP - Full Service Partnership	28
	GSD - General System Development	19
	O&E - Outreach and Engagement	6
2. Adults		30
	FSP	19
	GSD	0
	O&E	11
3. TAYA		7
	FSP	7
	GSD	0
	O&E	0
4. Older Adults		7
	FSP	6
	GSD	0
	O&E	1

PEI Populations Priorities

Population		Points
1. Children/Youth		43
	Underserved	0
	At-risk	6
	Exhibiting onset/MH issues	37
	Families	0
2. Adults		26
	Underserved	26
	At-risk	0
	Exhibiting onset/MH issues	0
	Families	0
3. TAYA		21
	Underserved	2
	At-risk	10
	Exhibiting onset/MH issues	9
	Families	0
4. Older Adults		10
	Underserved	7
	At-risk	3
	Exhibiting onset/MH issues	0
	Families	0



Mental Health Adaptive Dilemma	Points
1. Improving parental competency and social support for fathers	38
2. Improving the well-being of children, TAY, TAYA	35
3. Treatment options for people struggling with both substance abuse and mental illness	10
4. Connecting people receiving services to community based supports	9
5. Honoring and identifying more holistic approaches to well-being	7
6. Connecting and linking underserved and diverse communities with resources	3

MHSA Idea Bank

Children/ Youth (Ages 0-5 /6-17)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p>Idea #1: Sub-Population: Parents & Caregivers Results: Decreased stigma, Increased self-care. Increased access to community resources; decreased need in extensive and expensive services Strategy: GSD for SMI Activities: Peer support; Behavioral health services navigation; events for outreach</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Families Together (GSD)	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program
	<p>Idea #2: Sub-Population results – FSP for Children Results: decrease psychiatric hospitalizations, decrease out of home placement, decrease medical hospitalizations, decrease incarcerations, decrease homelessness. Strategy: FSP for SMI Activities: Outreach and engagement, case management, initial and ongoing assessment, psychiatric services, family support and education, community support, trauma focus, 24 hour crisis prevention and support.</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program <input checked="" type="checkbox"/> New Funded Program/CSS
Prevention & Early Intervention	<p>Idea #1: Sub-population: All school personnel Results: Universal/ Selective/ Early Intervention - Reduce negative outcomes, increase protective factors; increase knowledge about mental health Strategy/Strategies: Reduce disciplinary problems, referrals; improve school success Activities: Mental Health First Aid</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * BHRS/SCOE - Capacity Building & Training	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program <input checked="" type="checkbox"/> New Funded Program/PEI

MHSA Idea Bank

Children/ Youth (Ages 0-5 /6-17)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Prevention & Early Intervention	<p>Idea #2: Sub-Population: High risk high school youth, age 12-18 Results: Selective - strengthen protective factors, Indicated - Increase referrals and screenings, Early Intervention - improve mental and emotional functioning Strategy/strategies: Outreach and engagement; peer or group interventions Activities: Resiliency, strength based education; Training on self-inflicted/suicide prevention; Reducing stigma; Referrals & Identification</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * WE&T/Training * PEI/NAMI-IOOV * PEI/Child, Youth Resiliency and Development- Leadership Program	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program
	<p>Idea #3: (Focus on 0-5 age group) Sub-Population: Therapeutic Pre-School - Adverse childhood experiences, developmental delay Results: GSD Results Strategy: GSD Activities: Identification of At-Risk, Early Intervention, Treatment, Training for Day Cares & parents</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * PEI/CLaSS-SVCFS (Ages 6 & up)	<input checked="" type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program
Innovation	<p>Idea #1: Sub-Population: High school youth Results: Increased quality of MH services Strategy: Introduce a mental health practice or approach that is new to the overall MH system Mental health adaptive dilemma: Tier 1 - Improving the well-being of children, TAY, and TAYA. Tier 2 - Connecting people receiving services to community based supports Activities: Peer to peer mentoring with mental health focus for high school age youth</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Innovation/Youth Peer Navigators	<input checked="" type="checkbox"/> Possible New Program RFP Application Process

MHSA Idea Bank

TAY (Ages 18 - 25)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p><u>Idea #1:</u> Sub-Population: Support People/Family Members with SMI Results: Increased sense of purpose & belonging Strategy: GSD & O&E Activities: Engagement with programs across all programs, counseling, training and education Other details: promote network of support in community.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input type="checkbox"/> Possible New Program</p>
	<p><u>Idea #2:</u> Sub-population: Substance Abuse and SMI Results: increase in sober living, recovery in substance abuse, decrease in substance use in population Strategy: FSP Activities: Engagement, referrals from linkages, pw-sobriety-groups/events/speakers bureaus; reconnections to family; graduations/termination of drug related commitments. Other details: awareness of - environmental factors; homelessness; other abuse.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Innovation/FSP Co-occurring Disorders Project * SHOP Josie's TRAC</p>	<p><input checked="" type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program – FSP for TAY</p>
	<p><u>Idea #3:</u> Sub-population: Sexually exploited population Results: Decrease amount of youth being sexually exploited, Decrease stigma, Increase access to community resources, Increase resilience of self-care. Strategy: FSP Activities: Call victim services, warm support to seek M.H. systems, navigate; trauma focus and linkage to safe havens Other details: Connection to PCP</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * BHRS Clinician at Family Justice Center * Juvenile Justice * Josie's TRAC * Trainings * Countywide effort-BHRS staff participating in HEART Task Force, CSEC Group- Child welfare policies/procedures for first responders</p>	<p><input type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program (Sub-Population needs to be SMI. Idea could be incorporated into FSP for TAY)</p>

MHSA Idea Bank

TAY (Ages 18 - 25)

	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports OR Prevention & Early Intervention	<p><u>Idea #1:</u> Sub-Population: Couch-surfing foster/TAYA youth who do not meet criteria until they are actually "homeless" Results: Early Intervention - decrease homelessness, increase MH/emotional health & wellness Strategy/Strategies: O&E, community support, brief counseling, housing & shelter Activities: counseling & housing, peer support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place (GSD)</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input checked="" type="checkbox"/> Possible New Program (Could be either CSS or PEI program)</p>
	<p><u>Idea #2:</u> Sub-Population: LGBTQ/Transgender Results: Early Intervention - Support & Education in media & PR Strategy/Strategies: Education/Peer support/ referrals/ linkages Activities: Events; School/program outreach/ peer groups & committees; individual outreach Other details: Awareness of 1) suicide, 2) homelessness, 3) criminal histories</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place (GSD)</p>	<p><input checked="" type="checkbox"/> Possible Expansion– O&E <input checked="" type="checkbox"/> Possible New Program (Could be either CSS or PEI program)</p>

MHSA Idea Bank

TAY (Ages 18 - 25)

	Ideas	Current or Related Program (Y/N)	Possible New Program
Innovation	<p><u>Idea #1:</u> Sub-population: Young Latino males with hx and with juvenile justice system in impoverished areas Results: 1) Increased interagency and community collaboration for MH services or supports, 2) Increased access to underserved populations Strategy: Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or setting Mental Health Adaptive Dilemma: Tier 1 - Improving parental competency and social support for fathers, Improving the well-being of children, TAY and TAYA. Tier 2 - Connecting and linking underserved and diverse communities with resources Activities: Events, developing mentoring programs & encouraging leadership/ role models, inviting in folks from the impoverished areas to be mentors Other details: Awareness of - environmental factors and education challenges</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* Juvenile Justice * PEI/Youth Leadership program</p>	<p><input checked="" type="checkbox"/> Possible New Program</p> <p>RFP Application Process</p>
	<p><u>Idea # 2: Stigma Reduction</u> Sub-population: SMI</p>	<p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>	<p><input checked="" type="checkbox"/> Possible New Program</p> <p>RFP Application Process</p>

MHSA Idea Bank

Adult (Ages 18 - 59)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p>Idea #1: Sub-Population: Homeless Results: Reduce Homelessness, Reduce Stigma Strategy: FSP Activities: Housing first model; Response Team; AA/NA ; Trainings (Education, vocational); Drop-In Center (Shower-basic needs services); Peer Support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* SHOP Josie's TRAC * Housing Services</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E</p> <p><input type="checkbox"/> Possible New Program</p>
	<p>Idea #2: Sub-Population: Consumer seeking higher education & employment Results: Reduce Stigma, Increased access to resources. Strategy: GSD Activities: Mentoring program, vocational training, peer support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* Consumer Empowerment Center (GSD) * WE&T/CASRA program</p>	<p><input checked="" type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p> <p><input checked="" type="checkbox"/> New Funded Program/CSS</p>
Prevention & Early Intervention	<p>Idea #1: Sub-Population: Underserved Latino Results: Indicated Activities: Volunteers</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>*PEI - CCBI</p>	<p><input checked="" type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>

MHSA Idea Bank

Older Adult (Ages 60 & Older)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p>Idea #1: Sub-Population: Isolated &/or homebound older adults with SMI Results: Decrease in suicide rates; decrease in hospitalization; Early identification of Dementia or Alzheimer's Strategy: O&E - Differential response model, transportation Activities: Home visits from qualified staff, medical assessments, peer support, volunteers, APS, Collaborate with hospital Other details: Reducing isolation, identify the amount of individuals that may require programs. Census of population, age & geographical area of residence.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * High Risk Health & Senior Access</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input type="checkbox"/> Possible New Program</p>
Prevention & Early Intervention	<p>Idea # 1: Sub-Population: N/A Sub-Population: Decrease in Suicide Strategy: GSD Activities: Peer support; census to find older adult population</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * PEI Projects</p>	<p><input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program <input checked="" type="checkbox"/> New Funded Program/Innovation</p>
Innovation	<p>Idea #1: Stigma Reduction</p>	<p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>	<p><input checked="" type="checkbox"/> Possible New Program RFP Application Process</p>

MHSA Innovation



What is Innovation?

Innovation is one of five components of Proposition 63, the Mental Health Services Act (MHSA) passed by California voters in 2004. It provides funds and evaluates new approaches in mental health. An Innovation project **contributes to learning about and addressing unmet need rather than having a primary focus on providing services**. It is an opportunity to “try out” new approaches that can inform current and future practices/approaches in communities.

Primary Purpose of Innovation Projects

- a) Increase access to mental health services to underserved groups
- b) Increase the quality of mental health services, including measurable outcomes
- c) Promote interagency and community collaboration related to mental health services, supports, or outcomes.
- d) Increase access to mental health services

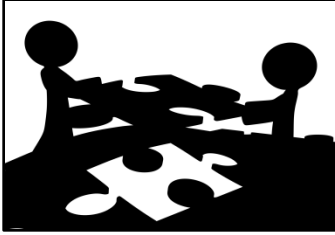
Contribution to Learning

- Introduce a new mental health practice/approach that has never been done before
- Make a change to an existing mental health practice/approach, including an adaptation for a new setting or community
- Introduce a new application to the mental health system of a promising, community-driven practice/approach or a practice/approach that’s been successful in a non-mental health context or setting.

Innovation Projects and MHSA Values

Innovation projects must be guided by MHSA values:

- Community Collaboration – Initiates, supports, and expands collaboration and linkages
- Cultural Competence – Demonstrates cultural competency and capacity to reduce disparities in mental health services and outcomes
- Client/Family Driven Mental Health System – Includes ongoing involvement of clients and family members including , but not limited to, roles in implementation, staffing, evaluation, and dissemination
- Wellness, recovery, and resiliency focus – Prevent mental health problems, increase resilience, and/or promote health recovery
- Integrated Service Experiences for clients and family – Encourages and provides for access to a full range of services provided by multiple agencies, programs and funding sources for clients and family members



Innovation Decision Path for Counties

The following are key decisions counties need to make through their community planning process regarding their Innovation projects.

1. What's the issue for Stanislaus County?

- What significant, local challenge (consistent with one or more of the four MHSA purposes) do you want to address by piloting and evaluating a new/changed mental health approach?

2. What are the barriers?

- What (besides funding) has prevented you from meeting this challenge? Why are existing approaches in the field of mental health lacking, insufficient, or inappropriate?

3. What's the essential purpose for Innovation?

- Which of the four MHSA Innovation purposes is the primary area of intended change and learning?

4. What's the county's learning/change goal?

- What will the county and the field of mental health learn by piloting this new or changed practice? How will the county measure the impact (mental health outcomes) of the Innovation and the key elements that contributed to successful outcomes?

5. What's the Innovative mental health practice/approach you want to test?

- What specific new, adapted, or adopted mental health practice or approach do you want to try out as its vehicle for learning? If the Innovation is successful, what practice will the county continue (without Innovation funding)? How is the practice consistent with applicable MHSA General Standards?

6. How do you plan to evaluate the project to determine whether or not the learning was successful?

- Describe a specific clear plan to measure the results, impacts, and lessons learned from your Innovation project. There must be a specific way to measure the impact of whatever is new or changed.