



# BEHAVIORAL HEALTH AND RECOVERY SERVICES

**Mental Health Services Act  
Advisory Committee Meeting**  
Wednesday, February 22, 2023

# Agenda

Welcome and Introductions

FY 2023-2024 Annual Update

BHRS Fiscal Year 2023-2024 Strategic Initiatives

Public Guardian

Break

Adult System of Care Programmatic Update

Crisis & Assessment

Children's System of Care

Discussion and Feedback



# Welcome and Introductions

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CARLOS CERVANTES, MHSA POLICY AND PLANNING MANAGER

KARA ANGUIANO, CHIEF FISCAL AND ADMINISTRATIVE OFFICER

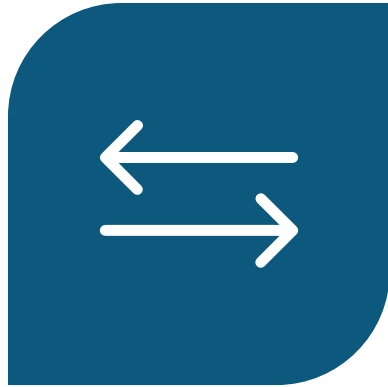
TONY VARTAN, BEHAVIORAL HEALTH DIRECTOR

# Fiscal Year 2023-2024 Annual Update

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# Annual Update Purpose

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PROGRAMMATIC CHANGES FOR  
FISCAL YEAR 2023-2024



UPDATE THE PEP



REPORT ACTUAL RESULTS  
FROM FISCAL YEAR 2021-2022.

# Annual Update Format

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Director  
Message

Executive  
Summary

MHSA  
Overview

FY 2023-2024  
PEP

FY 2021-2022  
Actual Results

Community  
Planning  
Process

Public  
Comment  
Form

# Annual Update

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DRAFT will be posted to the MHSA  
Website:  
<https://www.stanislausmhsa.com/>

BHRS will email notice to MHSA  
Advisory Committee once posted

# Mental Health Services Act

**Address:**  
800 Scenic Drive  
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**Phone: (209) 525-6247**  
**Fax: (209) 558-4326**

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SEARCH DEPARTMI 

[Stanislaus County](#) > [Behavioral Health and Recovery Services](#) > [Mental Health Services Act](#)

## Welcome

Welcome to the Stanislaus County Mental Health Services Act website. The Mental Health Services Act provided funding to counties to expand and develop innovative, integrated services for children, adults and older adults. California's voters passed MHSA in November 2004. The intent of this site is to inform and invite our community to participate in the implementation of the MHSA.

[Theory of Change](#)

### Annual and Plan U

2/15/22  
INN CPP Funding Request

10/5/21 Final:  
MHSA Plan Update FY 2021-2022

6/29/21 Final:  
MHSA Three Year Program and Expenditure

Got questions?  
I'm here to help.





# Strategic Initiatives

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KARA ANGUIANO, CHIEF FISCAL AND ADMINISTRATIVE OFFICER

CalAIM and  
Other  
Regulatory  
Initiatives

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Electronic Health Record

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Interoperability

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Enhanced Care Management

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Community Supports

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Justice Involved

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Care Coordination

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Payment Reform

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Other Regulatory Initiatives

# FY 2023-2024 Strategic Initiatives

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One Stop Shop  
for Supportive  
Services

Substance Use  
Disorder System  
of Care Expansion

Peer Support  
Specialist  
Certification

Eating Disorder  
Services

Mobile Crisis  
Response

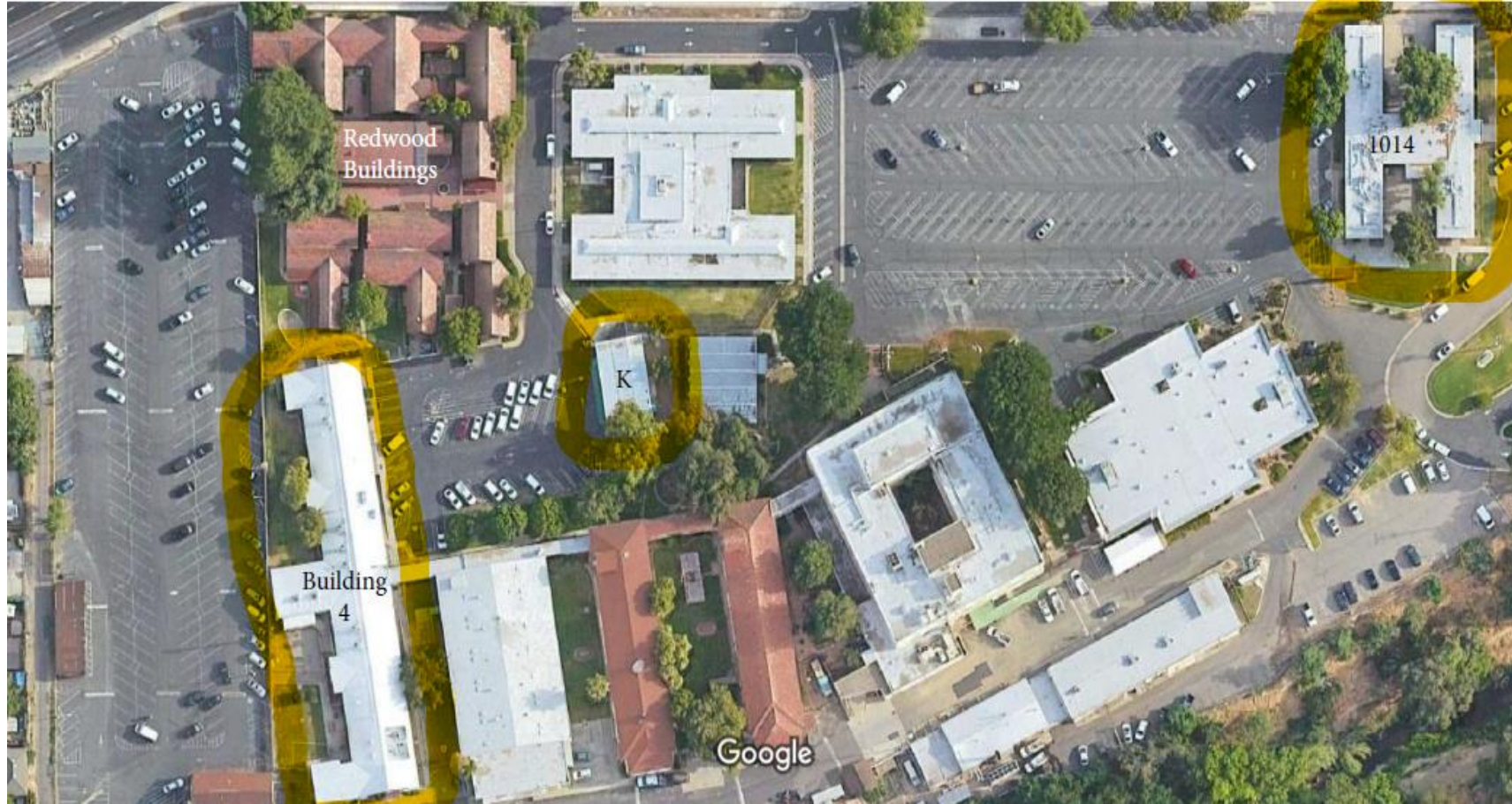
CARE Court

# One Stop Shop for Supportive Services

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# Background of BHRS County Center II Scenic Drive Facility

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# One Stop Shop for Supportive Services



Housing Services



Employment Services



Behavioral Health Advocacy

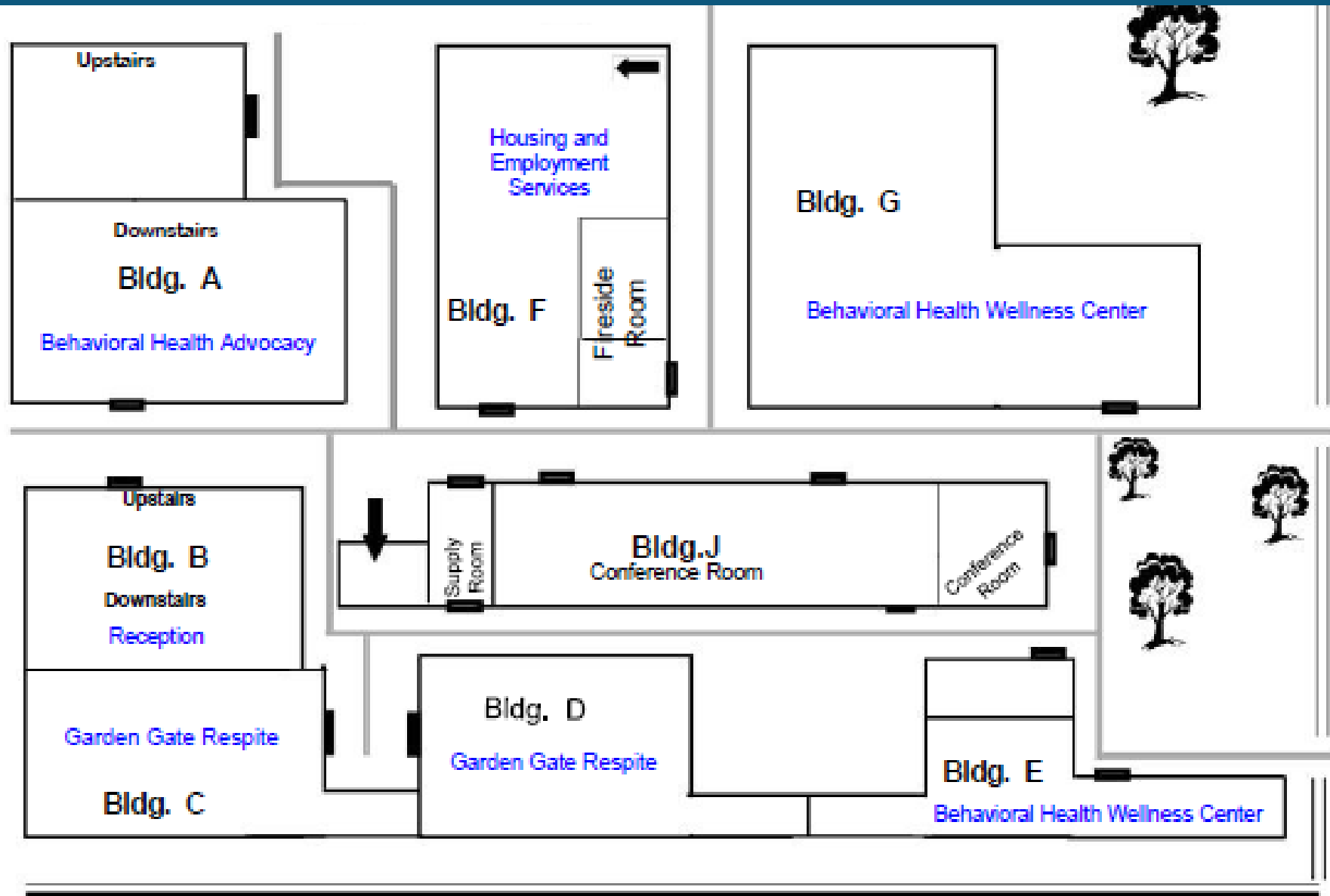


Garden Gate Respite



Behavioral Health Wellness Center

# Planned Use as Supportive Services “One Stop Shop”





# BHRS Facility Project

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Relocation of  
Administrative  
Functions to  
Various Office  
Spaces in  
Modesto

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1231 8<sup>th</sup> Street

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1116-1130 12<sup>th</sup> Street

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1601 I Street

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1581 Cummins Drive

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2260 Floyd Avenue

## Support

- Implementation of New DMC-ODS and CalAIM Initiatives

## Discontinue

- Operations of Genesis NTP

## Transition

- Clients to Aegis

## Reassign

- Staff to Other Work Assignments

Management Decision to Close Genesis Narcotic Treatment Program

# Substance Use Disorder System of Care Expansion

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# Integrated Care Center (ICC)

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Public/Private  
Collaborative



Drop-In Center



Respite Center



Evaluation and  
Medication Access  
Clinic



Care Coordination  
Team Expansion

# ICC Services

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Medical  
Evaluation

Medication  
Assisted  
Treatment

Screening or  
Assessment

Referrals to  
Level of Care

Health Plan  
and DMC-ODS  
Navigation

Partnership  
with Medical  
Providers

Outreach and  
Engagement

# Drop-In Center



Structured Activities



Resources



Groups



Computers for Client Use



Peer Support



Navigation Services

# Respite Center

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Observation  
by Medical  
Staff

General  
Engagement

Showers

Laundry  
Services

Peer Support

Navigation  
Services

Payor Agnostic

# Peer Support Specialist Certification

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# Senate Bill (SB) 803

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Mental Health Plan

Drug Medi-Cal Organized Delivery System (DMC-ODS)

Peer Support Specialist Certification

Medi-Cal Reimbursement

# California Mental Health Services Authority (CalMHSA)

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Create and  
Implement  
Certification  
Program

Approve Training  
Entities

Certify Persons

Conduct  
Investigations

Collect Data

Scholarships

Quality Assurance

Complaints and  
Appeals

# PSS Qualifications

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18 Years Old



High School  
Diploma



Experience  
with Recovery



Be Willing to  
Share



Strong  
Dedication



Adhere to  
Code of Ethics



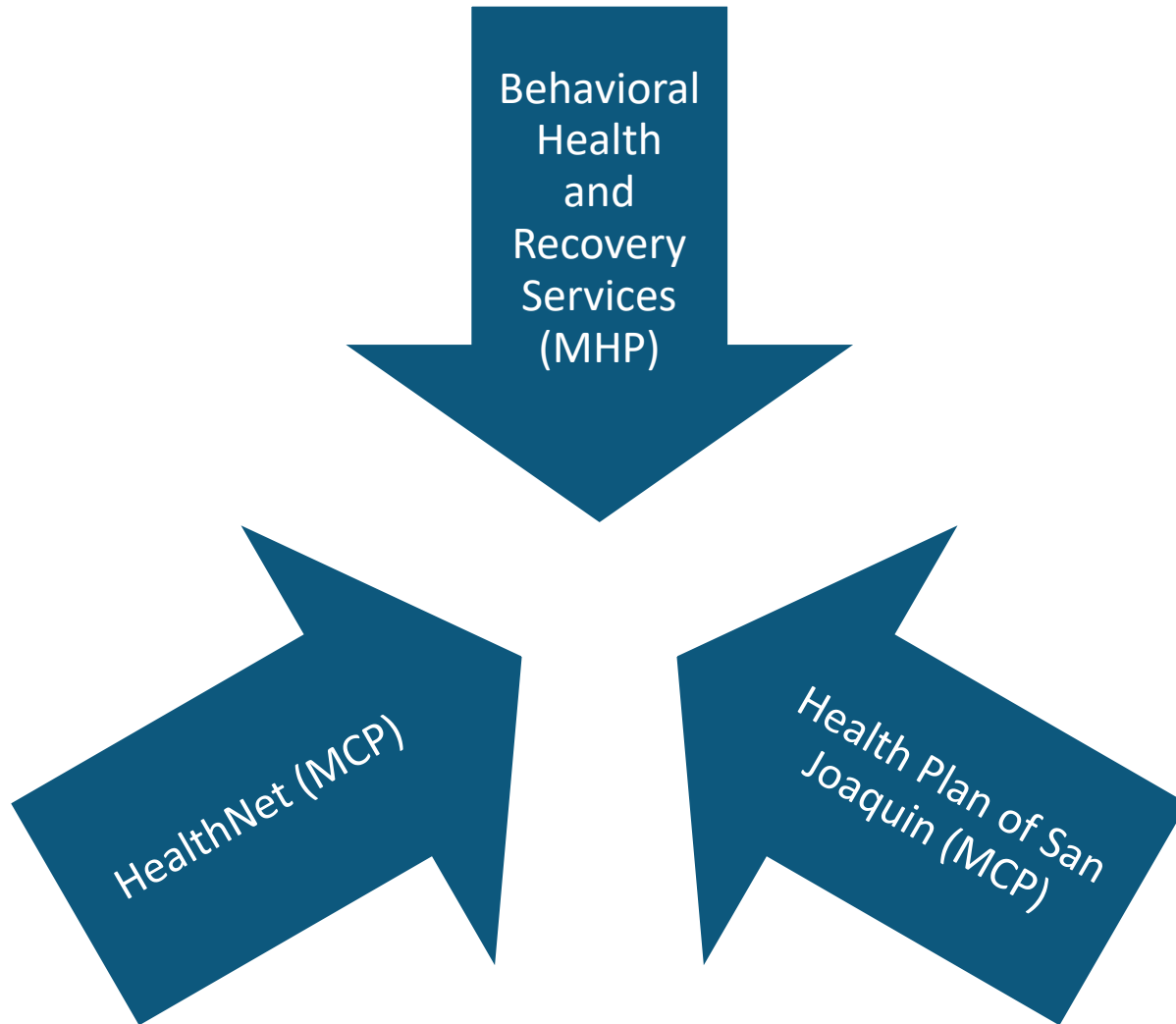
Complete  
Training



Pass  
Examination

# Eating Disorder Services

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Partnership  
Between  
Mental  
Health and  
Managed  
Care Plans

Mental Health  
Plan  
Responsibility

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Psychiatric Inpatient  
Hospitalization

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Outpatient Specialty Mental  
Health Services (SMHS)

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SMHS of Partial Hospitalization

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SMHS of Residential Eating  
Disorder Programs

# MCP Responsibility

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Inpatient  
Hospitalization for  
Physical Health  
Conditions

Non-SMHS

Emergency Room  
Professional  
Services

Physical Health  
Components of  
Partial  
Hospitalization

Physical Health  
Components of  
Residential Eating  
Disorder Programs

# Mobile Crisis Response

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# Crisis Care Mobile Units Grant

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Awarded \$4  
Million to  
Implement

2/15/22  
through  
6/30/25

Modesto  
Police  
Department

Sheriff's Office

Limited Hours

# 911 Calls – Mobile Crisis Services

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# New Covered Medi-Cal Benefit

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Behavioral Health  
Information  
Notice 22-064

State Plan  
Amendment 22-  
0043

Mobile Crisis  
Services

Implement by  
December 31,  
2023

## Coordination

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Expand Mobile Crisis to 24/7 Operation

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988 Suicide and Crisis Line

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Law Enforcement

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911 Systems

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Family Urgent Response System

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Community Partners

# CARE Court

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# Senate Bill (SB) 1338

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Community  
Assistance, Recovery,  
and Empowerment  
(CARE) Act

September 14, 2022

Stanislaus County  
Opted In

6 Other Counties in  
First Cohort

Implement by  
October 1, 2023

# Upstream Diversion

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Prevent Conservatorship

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Prevent Incarceration

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Community-Based Care Setting

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Schizophrenia Spectrum

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Other Psychotic Disorders

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Meet Other Specified Criteria

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Specified Adult Persons Petition a Civil Court

# CARE Pathway

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REFERRAL



CLINICAL  
EVALUATION



CARE PLAN



SUPPORT



COMPLETION



# Office of the Public Guardian

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# Adult Residential Facilities

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# Population Served

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Individual identified as having a Serious Mental Illness, with or without a co-occurring substance use disorder

Adult Ages: 18 and older

Individual receiving services from BHST and/or on LPS Conservatorship

# Mental Health & Supportive Services

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Room and Board in  
a safe environment

Transportation to  
community and  
medical  
appointments

Medication (some)  
and Medication  
Supportive  
Services

Assistance with  
daily living skills,  
Peer interaction  
and socialization

Assistance with  
symptom  
management

# How Much and Better Off

On 6/30/22 there were 190 individuals housed in our Adult Residential Facilities

The total numbers of bed days provided in our ARF for FY 2021-22 was 64,763 days

Utilization of locked residential care facilities, IMD.

Bed Days FY 2020-21 – 31, 663

Bed Days FY 2021-22 – 28, 885 (8.77% decrease)

Acute Psychiatric Hospitalization (Sub-acute days for Conservatees)

FY 2020-21 – 1,474 billed days

FY 2021 – 22 – 1,249 billed days



BREAK

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# Adult System of Care

# Adult Behavioral Health Services Team

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24/7 access

Individualized  
service  
planning

Peer and  
family support

Mental health  
rehabilitation

Case  
management

Therapy

Medication  
support



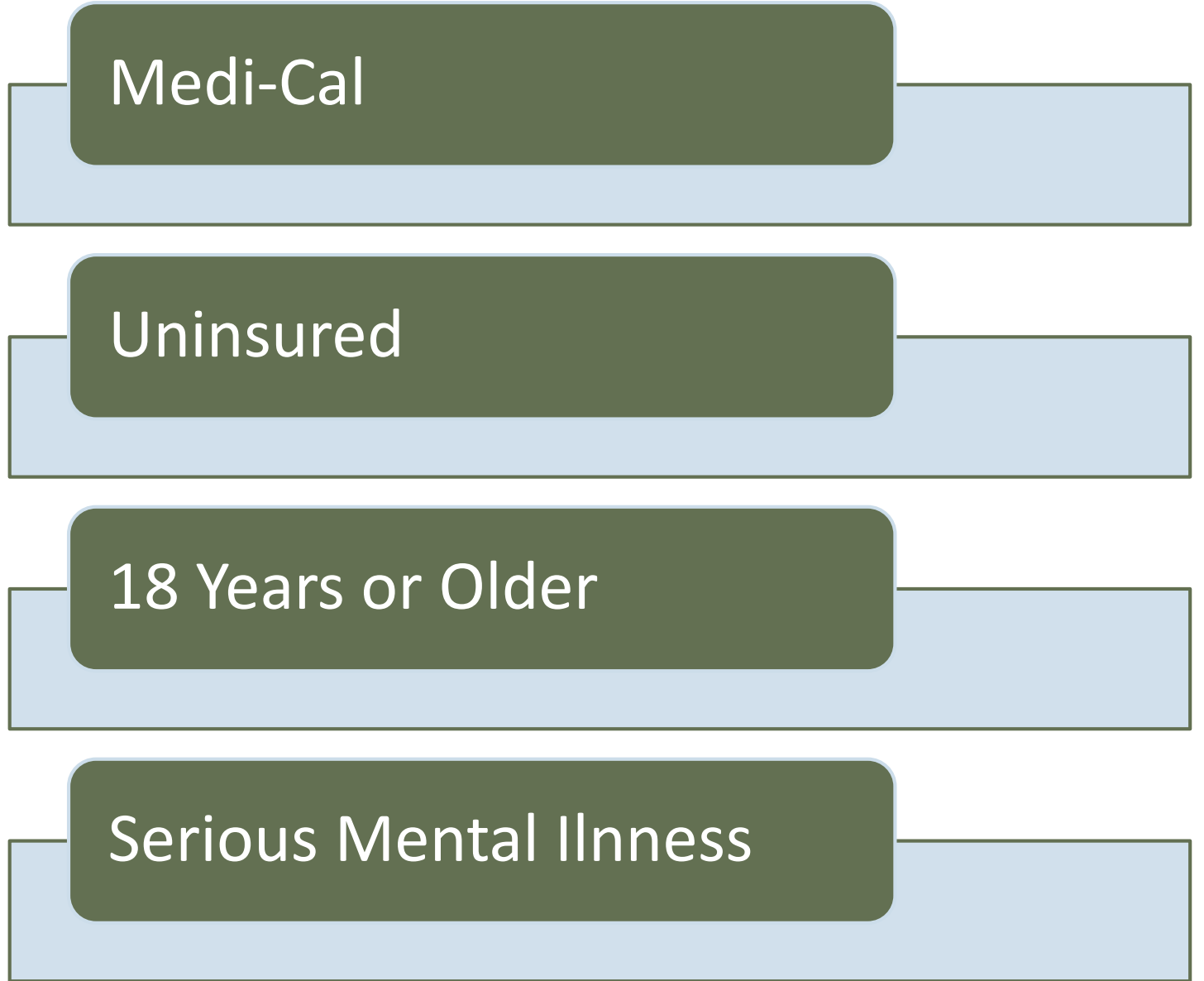
Population Served

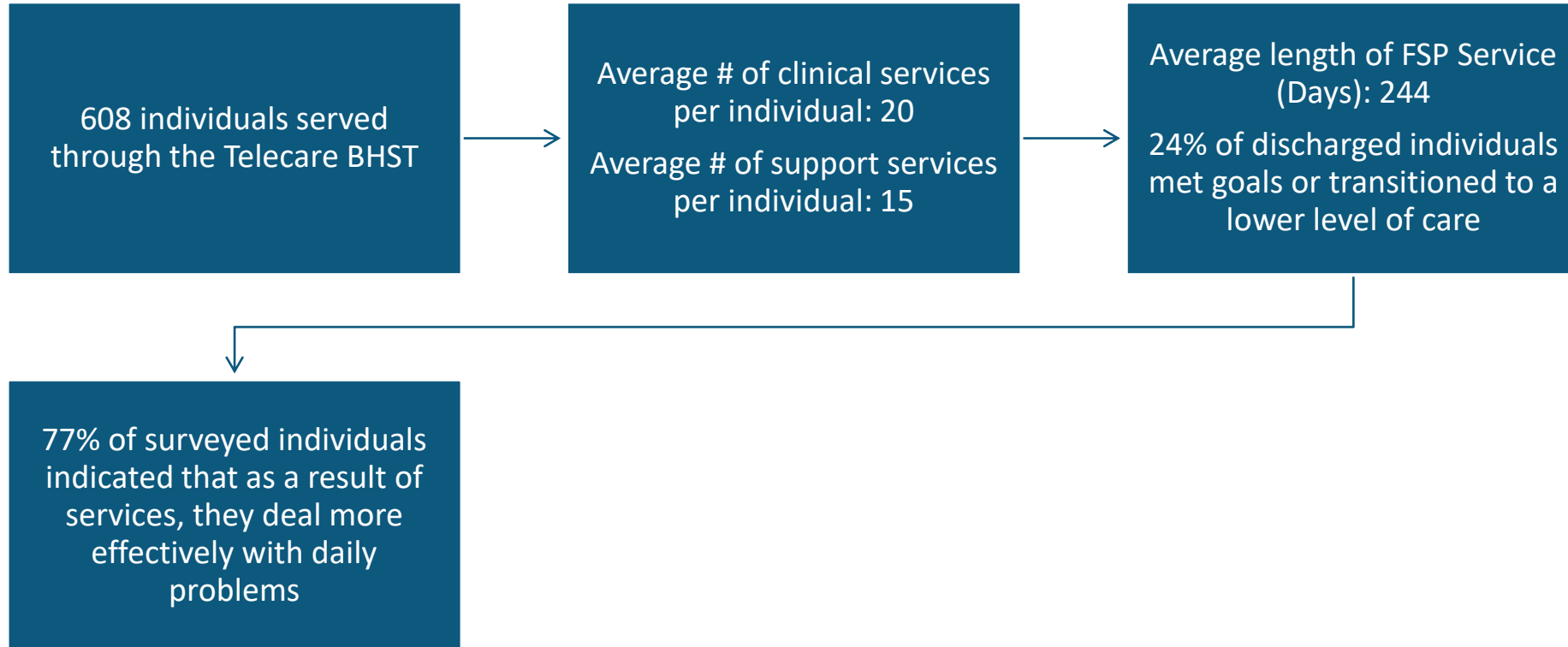
Medi-Cal

Uninsured

18 Years or Older

Serious Mental Illness





## Telecare BHST How Much and Better off Fiscal Year 2021-2022

300 individuals served  
through the Turlock BHST

Average # of clinical services  
per individual: 7  
Average # of support services  
per individual: 10

Average length of FSP Service  
(Days): 162  
36% of discharged individuals  
met goals or transitioned to a  
lower level of care

70% of surveyed individuals  
indicated that as a result of  
services, they deal more  
effectively with daily  
problems

Turlock BHST  
How Much and Better Off  
Fiscal Year 2021-2022

318 individuals served through the Turning Point BHST

Average # of clinical services per individual: 16  
Average # of support services per individual: 13

Average length of FSP Service (Days): 230  
76% of discharged individuals met goals or transitioned to a lower level of care

89% of surveyed individuals indicated that as a result of services, they deal more effectively with daily problems

Turning Point  
BHST

How Much  
and Better Off

Fiscal Year  
2021-2022

# Behavioral Health Outreach & Engagement/Assisted Outpatient Treatment

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Outreach services

Individualized  
intervention plans

Connecting individuals  
directly to treatment

Behavioral health  
screening/assessment

Behavioral health  
services navigation

Assistance with access  
to services and/or  
community supports.

# Outcomes Fiscal Year 2021-2022

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1417 clients were served by Behavioral Health Outreach & Engagement

62 clients were served by Assisted Outpatient Treatment (AOT).

Case management

Outreach and engagement

Behavioral health screening/assessment

Behavioral health services navigation and referrals

Transportation to help with access to services and/or community supports

Community Assessment and Response Team

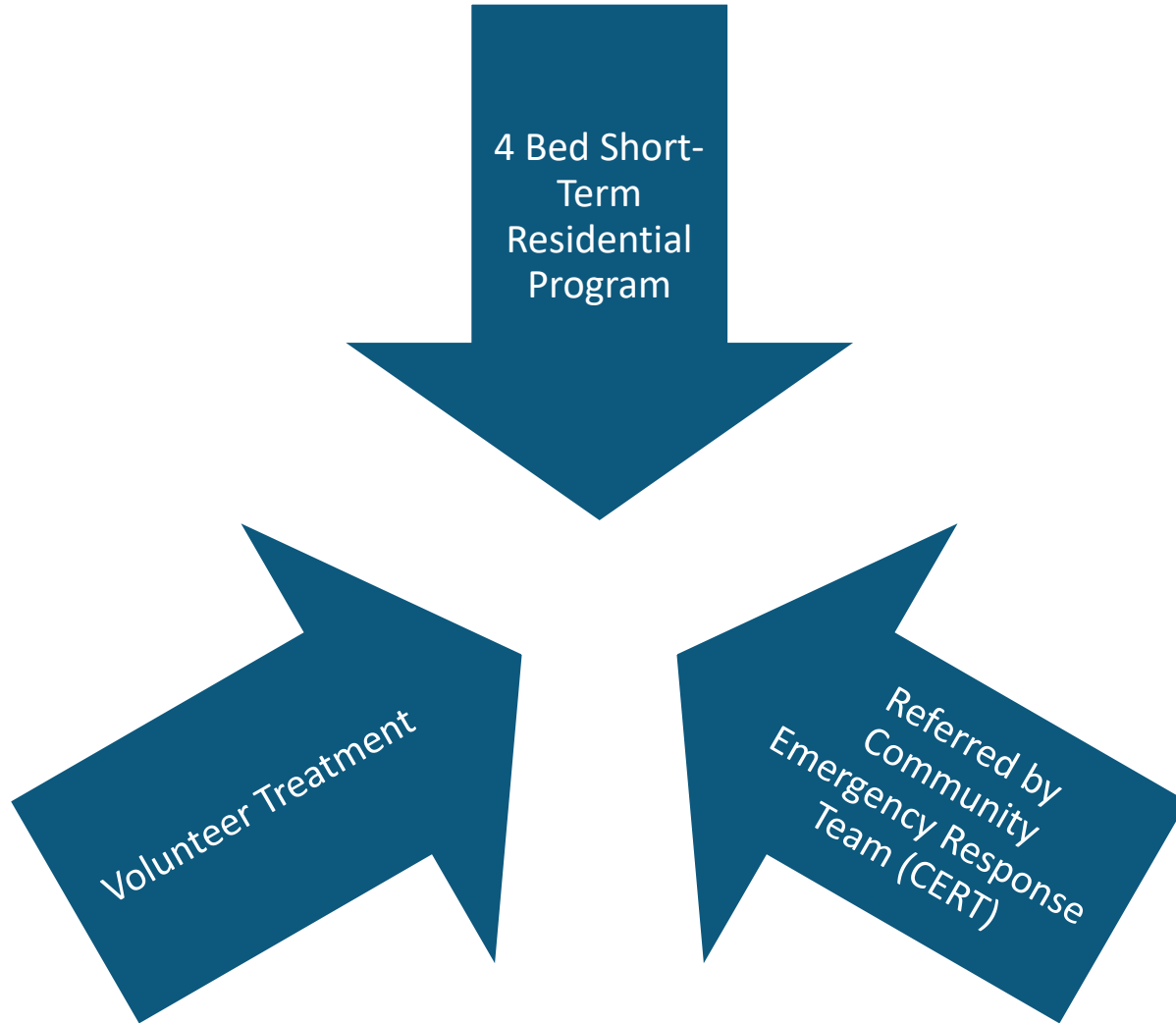
# Outcomes Fiscal Year 2021-2022

The CARE Team served 330 clients

Average length of services 225 days



# Crisis & Assessment



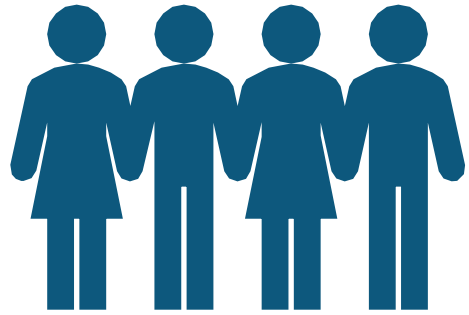
# Crisis Residential Unit

## Outcomes

25 Individuals Served

Average # of clinical  
services per individual: 33

Average length of FSP  
Service (Days): 34



# Behavioral Health Crisis and Support Line

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# Behavioral Health Crisis and Support Line

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## ACS SERVICES

Screening

Appointments

Crisis Intervention

Direct to Other Resources

Escalation if Needed

## SUPPORT CALLS

Community Resources

Connect to Services

Crisis Intervention

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**Challenges**



**Progress**



# Children's System of Care/Transitional Age Youth

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# Children and Transition Age Youth Behavioral Health Service Team (BHST)

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Specialty  
Mental Health  
Services

Individual and  
group therapy

Targeted case  
management

Medication  
support

Intensive care  
coordination

Intensive  
home-based  
services

Crisis  
intervention

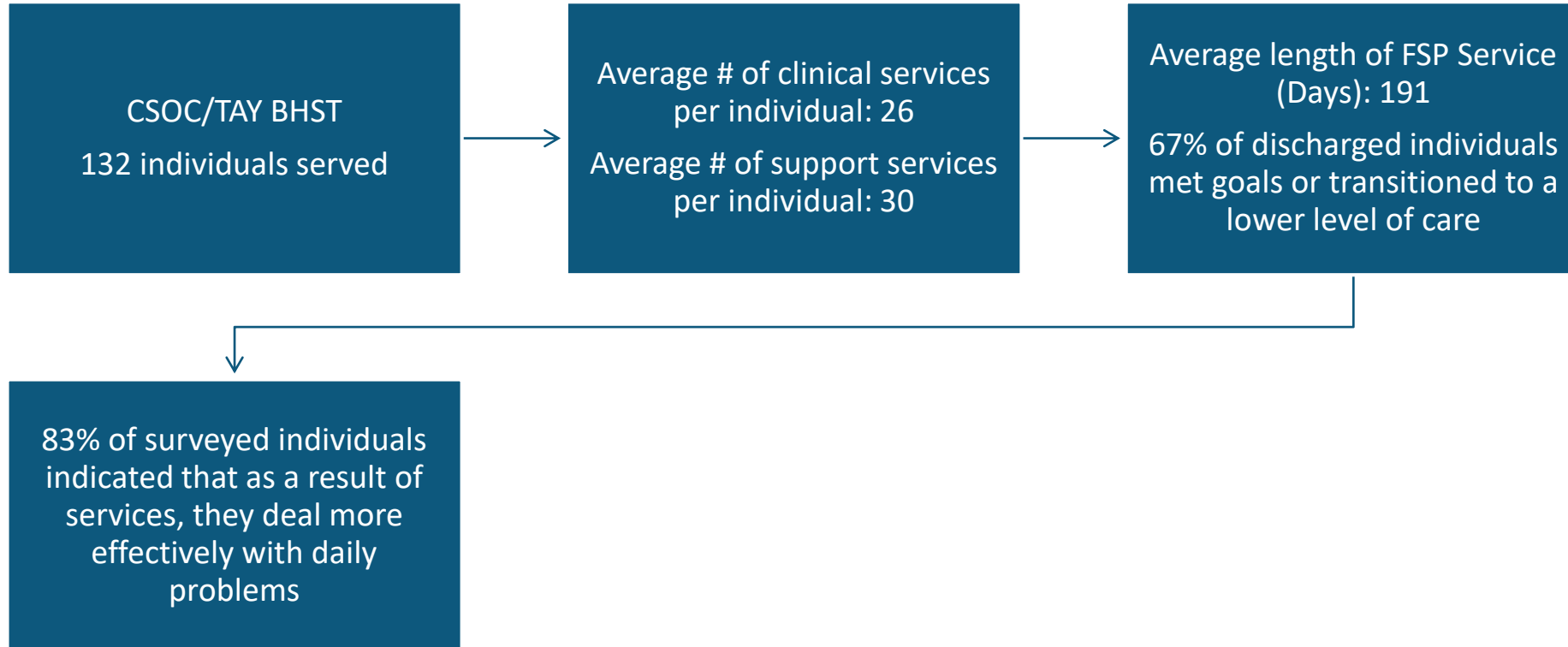


# Population Served

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Children and  
Youth – age  
range 0 to 16

Transitional Age  
Young Adults –  
age range 16-25



How Much and Better Off

# Short-Term Residential Therapeutic Program

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Aspiranet STRTP: 4  
Homes, 46 Beds  
Capacity

Creative  
Alternative STRTP:  
8 Homes, 57 Beds  
Capacity

Sierra Vista STRTP:  
2 Homes, 16 Beds  
Capacity

93 Individuals  
Served



Average length  
of Service  
days-450

Outcomes



Challenges



Progress





# Table Discussion and Feedback

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# Thank you for joining us today!

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