



# COMMUNITY SERVICES AND SUPPORTS MENTAL HEALTH SERVICES ACT (MHSA)



## INFORMATION SHEET

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### **What are Community Services and Supports (CSS)?**

CSS is one of five components of Proposition 63, the Mental Health Services Act (MHSA) passed by California voters in 2004. It provides funds for direct services to individuals with severe mental illness.

CSS is the largest component of the MHSA. The focus is community collaboration, cultural competence, client and family driven mental health services and systems, and wellness for recovery and resilience. CSS also provides integrated service experiences for clients and families, as well as serving the unserved and underserved. Housing is included in the CSS component.

### **CSS Results:**

- Elimination of disparity in access
- Improvement of mental health outcomes for racial/ethnic populations and other unserved and underserved populations

**Strategies:** Full Service Partnership, General System Development, Outreach & Engagement



### **What is a Full Service Partnership (FSP)?**

FSP programs provide wraparound services to consumers. They provide integrated services to the most unserved or underserved and those at high risk for homelessness, incarceration, hospitalization, and out-of-home placement. MHSA mandates that the majority of CSS funding must be used for services to this population. This FSP strategy is a “whatever it takes” approach to engaging service recipients as partners in their own self care, treatment, and recovery. The ACT (Assertive Community Treatment) model provides comprehensive community based psychiatric treatment, rehabilitation, and support.

### **FSP Results:**

- Decreased incarcerations
- Decreased psychiatric hospitalizations
- Decreased medical hospitalizations
- Decreased homelessness
- Increased employment

### **FY 15-16 FSP Programs:**

- Westside Stanislaus Homeless Outreach Program (SHOP)
- Juvenile Justice

- **Integrated Forensic Team**
- **High Risk Health & Senior Access**
- **Turning Point Integrated Services Agency**

## **What is General System Development (GSD)?**

The GSD strategy focuses on increasing capacity to provide crisis services, peer/family supports, and drop-in centers for individuals with mental illness and serious emotional disturbance. These programs are focused on reducing stigma, encouraging and increasing self-care, recovery and wellness, and accessing community resources. The goal is to increase overall well-being and decrease the need for more intensive and expensive services.

### **GSD Results:**

- Decreased stigma
- Increased self-care
- Increased access to community resources
- Decreased need for extensive and expensive services

### **FY 15-16 GSD Programs:**

- **Josie's Place Transitional Age Young Adult Drop-In Center**
- **Community Emergency Response Team/WarmLine**
- **Families Together at the Family Partnership Center**
- **Consumer Empowerment Center**
- **Crisis Stabilization Unit (CSU)/Operational Costs**

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## **What is Outreach and Engagement (O&E)?**

O&E funded program strategies focus on special activities needed to reach diverse underserved communities. Services include community outreach to diverse community based organizations. Crisis-oriented respite housing was also established to avoid unnecessary incarceration, provide short-term housing, and linkages to services.

### **O&E Result:**

Diverse and underserved communities are reached

### **FY 15-16 O&E Programs:**

- **Supportive Housing Services (Includes Garden Gate Respite, Intensive Transitional Housing, Vine Street Emergency Housing, and Supportive Housing Services/Transitional Board and Care)**
- **Outreach and Engagement to unserved/underserved populations**