BEHAVIORAL HEALTH & RECOVERY SERVICES

Stanislaus County
Striving to be the Best

Representative Stakeholder Steering Committee

SEPTEMBER 18, 2020

Agenda

- Welcome & Introductions

- MHSA Budget Update
  - Fiscal Challenges & Planning

- Community Planning Process

- Discussion, Questions and Comments

- Looking ahead – Next Steps

- Adjournment

Budget Update
COVID-19 MHSA Flexibilities | Budget Planning Update

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1991 Realignment

2011 Realignment

Mental Health Services Act (MHSA)

Federal Financial Participation (Medicaid aka Medi-Cal in California)

Other funds and grants

County Behavioral Health Sources Of Funding

Budget Planning Update

Board of Supervisors Update

Budget Planning Timelines

Overarching Planning Framework

Community Planning Process

STRENGTHENING COMMUNITY PLANNING PROCESS

Community Planning Process:
Welfare and Institutions Code – WIC 5848 (a)

Stakeholders:
◦ Each three-year program and expenditure plan and update shall be developed with local stakeholders, including adults and seniors with severe mental illness, families of children, adults, and seniors with severe mental illness, providers of services, law enforcement agencies, education, social services agencies, veterans, representatives from veterans organizations, providers of alcohol and drug services, health care organizations, and other important interests.

Meaningful Stakeholder Involvement
◦ Counties shall demonstrate a partnership with constituents and stakeholders throughout the process that includes meaningful stakeholder involvement on mental health policy, program planning, and implementation, monitoring, quality improvement, evaluation, and budget allocations.

Public Review and Comment
◦ A draft plan and update shall be prepared and circulated for review and comment for at least 30 days to representatives of stakeholder interests and any interested party who has requested a copy of the draft plans.

Community Planning Process Cont..

The Community Planning Process

The MHSA community planning process and the stakeholder involvement is defined in State code as the following:

Community Program Planning means the process to be used by the County to develop the Three-Year Program and Expenditure Plans, and updates in partnership with stakeholders to:

- Identify community issues related to mental illness resulting from lack of community services and supports, including any issues identified during the implementation of the Mental Health Services Act.
- Analyze the mental health needs in the community.
- Identify and re-evaluate priorities and strategies to meet those mental health needs.

Note: Authority cited: Section 5898, Welfare and Institutions Code. Reference: Sections 5813.5(d) and 5892(c), Welfare and Institutions Code.

Ensure full roster of stakeholders

Education and Training on MHSA

RSSC Stakeholder Development

RSSC Workgroups

Adults Services

Children Services

Peers & Family

Regional

Systems Development

Prevention & Early Intervention

Underserved/Unserved Participation in RSSC Workgroups
◦ Latino/Spanish
◦ South East Asians
◦ LGBTQ
◦ African Americans

Overarching Planning Framework

Results-base Accountability Framework

Core Treatment Model

MHSA Priority Populations

50% CSS for Full Services Partnerships

50 % PEI for Children Services

Performance Measures

Population:

- Adults with Severe Mental Illness with functional impairment
- Children with Severe Emotional Disturbance with functional impairment

Performance Measure:

Improved Functioning/Reduced Impairment

What Works: Treatment

- **Medication Services**
- **Mental Health Clinical Services**
- **Family, Peer and Community Support**

Mental Health Treatment RBA Framework (DRAFT)

Population	Adults with Sever Mental Illness with functional impairment Children with Severe Emotional Disturbance with functional impairment
Performance Measure *"Better Off"*	Increase functioning / Decreased impairment *As measured by the LOCUS/CANS/DCR/Perception Surveys*

Core Treatment Model
Strategies to Increase Functioning & Decrease Impairment

Treatment Services	Providers
Medication Services Medication prescription, administration, and monitoring.	Psychiatrist Registered Nurse Other prescribers
Clinical Services • Assessment* • Crisis Prevention/Intervention • 1:1 & Group Supportive Therapy • *Psychosocial Rehabilitation* • Care & Services Coordination	Mental Health Clinicians* Behavioral Health Specialist Clinical Service Technicians
Family, Peer and Community Support	Behavioral Health Specialist Behavioral Health Advocate Clinical Service Technician Community Clerical Aid Community Partners

Performance Measures *"How well we provide services"*	Client & Provider Engagement / Access to Services / Medi-Cal Key Indicators / Provider Clinical Skill / Appropriate Level of Care Placement & Interventions

Performance Measures

Population: Adults/Children with SMI/SED with functional impairment
Better Off PM: Improved Functioning/Reduced Impairment

What Works: Treatment

- **Medication Services**
- **Mental Health Clinical Services**
- **Family, Peer and Community Support**

If experiencing homelessness?

In addition to treatment…

- Housing Supportive Services
- Shelter
- Respite
- Housing: Transitional and Permanent Supportive Housing

How might we…
MHSA Community Planning Process

Transform the mental health system: Systems development | "help first vs. "fail first"

Strengthen treatment capabilities?

?

Intervene early…

Improve Access?

Priorities?
Where?
When?

Partners that have a role in the treatment of SMI/SED?

Mental Health Treatment RBA Framework (DRAFT)

| Population | Adults with Sever Mental Illness with functional impairment |
| | Children with Severe Emotional Disturbance with functional impairment |

| Performance Measure "Better Off" | Increase functioning / Decreased impairment |
| | As measured by the LOCUS/CANS/DCR/Perception Surveys |

| Core Treatment Model Strategies to Increase Functioning & Decrease Impairment | Treatment Services | Providers |

Medication Services
Medication prescription, administration, and monitoring.

Psychiatrist
Registered Nurse
Other prescribers

Clinical Services
• Assessment*
• Crisis Prevention/Intervention
• 1:1 & Group Supportive Therapy
• Psychosocial Rehabilitation
• Care & Services Coordination

Mental Health Clinicians*
Behavioral Health Specialist
Clinical Service Technicians

Family, Peer and Community Support

Behavioral Health Specialist
Behavioral Health Advocate
Clinical Service Technician
Community Clerical Aid
Community Partners

| Performance Measures "How well we provide services" | Client & Provider Engagement / Access to Services / Medi-Cal Key Indicators / Provider Clinical Skill / |
| | Appropriate Level of Care Placement & Interventions |

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Support clients and families through treatment?

Prevention   Early Intervention   Treatment
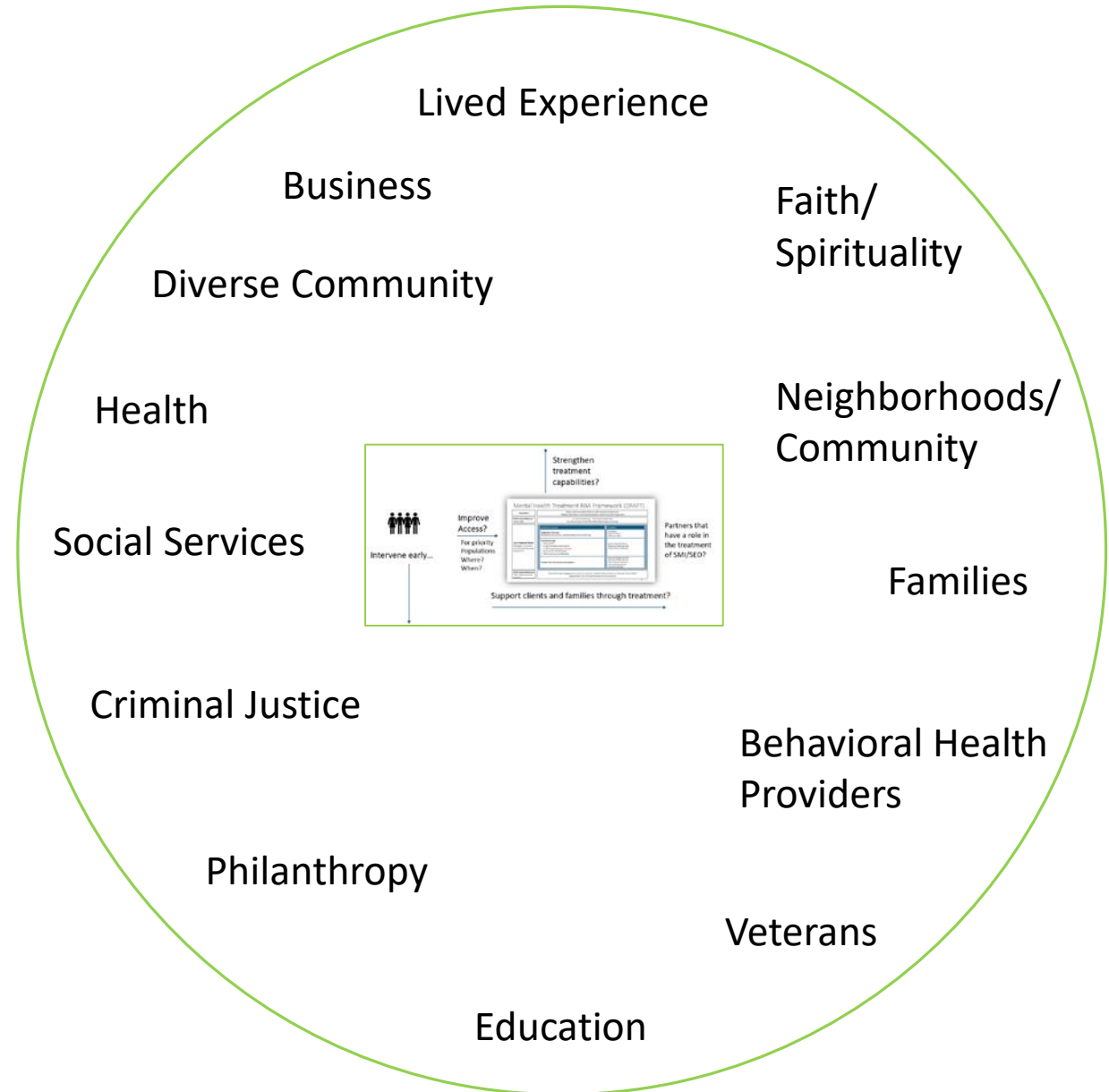
How might we…

MHSA Community Planning Process

Partners that have a role in the treatment of SMI/SED?

Shared vision for change
Agreed upon actions

Lived Experience

Business

Diverse Community

Faith/ Spirituality

Health

Neighborhoods/ Community

Social Services

Families

Criminal Justice

Behavioral Health Providers

Philanthropy

Veterans

Education

Next Steps

Budget
- ◦ Sustainable project Projection
- ◦ MHSA Flexibility Recommendations

RSSC Development
- ◦ Develop On-boarding Education and Training
- ◦ RSSC Stakeholder Recruitment

Finalize Planning Process
- ◦ Workgroup Development
- ◦ Workgroup Planning Framework: Agenda/Facilitation/Timelines/Data/Logistics

MHSA RSSC Stakeholder **Tentative** Meetings & Workgroup Schedule

Discussion

Community Planning Process
- Representative Stakeholder Steering Committee Development
- Workgroup Structure
- Overarching Planning Framework

What did you hear?

What did you like?

What questions do you have?

Ideas